

# SUPER 5K - 1ª ETAPA (19/05/2019)

## LISTA GERAL

::FEMININO::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq
1	610	LUCIA SOUSA	F	GERAL	1	LC TEAM	00:20:35	00:20:34
2	592	MARIA APARECIDA PEREIRA LIMA	F	GERAL	2	SICOOB	00:20:53	00:20:52
3	578	ELAINE SOARES	F	GERAL	3	ANDRE PRADO ASS ESPO	00:21:18	00:21:17
4	631	FABIANA APARECIDA FARIA	F	GERAL	4	EQUIPE CROSARIOL	00:22:00	00:21:59
5	601	ELISYNGELA RODRIGUES DE SOUS	F	GERAL	5	JUNTOS SOMOS MAIS	00:22:23	00:22:23
6	617	JANAINA LEANDRO DOS SANTOS	F	F-35-39	1	COMBATENTES	00:22:27	00:22:27
7	641	CRISTIANE GUILHERME DA SILVA	F	F-35-39	2	CRAYZ	00:22:41	00:22:39
8	653	LUCIANE DO NASCIMENTO DE SOU	F	F-35-39	3	JOTTA JR / ADCCTA	00:22:44	00:22:43
9	732	REGINA CELIA BUENO CUSTÉDIO	F	F-45-49	1	MOVER SJC	00:23:01	00:23:00
10	634	MICHELLE GOMES	F	F-35-39	4	GRUPO DE CORRIDA PE	00:23:36	00:22:59
11	624	MICHELE MARCONDES PEDROSO	F	F-35-39	5	PEDROSO RUN	00:23:33	00:23:22
12	614	MICHELE DA SILVA MARTINS	F	F-35-39	6	DIEGO DANIEL	00:23:29	00:23:28
13	581	AMANDA CRISTINA DA SILVA	F	F-30-34	1	ASSESSORIA DIEGO DAN	00:23:40	00:23:39
14	716	DIANA FÉTIMA GOMES	F	F-45-49	2	TUCA'S RUNNER'S	00:23:49	00:23:45
15	723	MÁRICA SANTOS DE ABREU AGUIA	F	F-45-49	3	SUPERA COMUNICAÇÃO	00:23:57	00:23:51
16	728	ALICE DE OLIVEIRA FERNANDES	F	F-45-49	4		00:24:14	00:24:08
17	720	FERNANDA REGINA BERNARDES VI	F	F-45-49	5	APVE	00:24:27	00:24:23
18	808	MÁRCIA CANDIDO	F	F-50+	1		00:24:38	00:24:26
19	556	GILCILENE APARECIDA SANTOS	F	F-25-29	1	ALFA OMEGA	00:24:31	00:24:27
20	771	RENATA CRUZ SANT ANNA MARQUE	F	F-50+	2	ALFA OMEGA	00:24:46	00:24:43
21	537	GABRIELA REBOUÇAS	F	F-20-24	1		00:25:22	00:25:19
22	650	IOLANDA LOURENÇO	F	F-35-39	7	T.S.A CORRENDO COM A	00:25:36	00:25:31
23	761	MARIA MARQUES	F	F-50+	3	TRAINING RUN	00:25:54	00:25:47
24	533	BRENDA MENDONÇA DE ALCANTARA	F	F-25-29	2	BRANGELO	00:26:06	00:25:48
25	600	ELIANE SANTOS RODRIGUES	F	F-30-34	2		00:26:38	00:26:26
26	775	SÂNIA MARA WESSOLLESKI	F	F-50+	4	EMFORMAASSESSORIAESP	00:26:50	00:26:45
27	678	CAROLINA BARRETO GIMENES	F	F-40-44	1	LAFATREINOS	00:27:12	00:27:08
28	550	JESSICA DE LIMA RESENDE	F	F-25-29	3	CIA ATHLETICA	00:27:46	00:27:14
29	702	KATIA CRISTINA DE OLIVEIRA	F	F-40-44	2	APVE - JAPRARUA	00:27:44	00:27:21
30	773	RITA BATISTINA DA SILVA MACI	F	F-50+	5	ALAN ZONZINI TREINAM	00:27:34	00:27:26
31	729	ELENITA VENANCIO DA SILVA	F	F-45-49	6	LIGA DA CIMINO	00:27:37	00:27:27
32	696	JULIANA ERI WATANABE SOUFEN	F	F-40-44	3	COMPANHIA ATLETICA S	00:28:03	00:27:31
33	793	KATIA REGINA DE FREITAS	F	F-50+	6	FACERUNNERS	00:28:18	00:27:32
34	664	FERNANDA NEVES DA SILVA	F	F-40-44	4		00:27:37	00:27:32
35	735	CACILDA ARAVEQUIA	F	F-45-49	7		00:27:35	00:27:33
36	619	ELISANGELA CONCEIÇÃO DE SÁ G	F	F-35-39	8	K2RUNNINGTEAM	00:27:46	00:27:35
37	722	VERA LÚCIA REBOUÇAS	F	F-45-49	8		00:27:45	00:27:42
38	825	MARIA ANGELA FROES RENO	F	F-50+	7	JAPRARUA/APVE	00:28:13	00:27:49
39	523	MARINA CARBONARI	F	F-20-24	2		00:28:11	00:27:51
40	665	SARA REGINA SILVA DAMASCENA	F	F-40-44	5		00:28:19	00:27:51
41	583	MAIARA ANDREA FUGIO	F	F-30-34	3		00:28:23	00:27:54
42	794	HELENA CRISTINA RUIZ	F	F-50+	8	JAPRARUA	00:28:34	00:28:09
43	748	SILVANA ALVES VENTURA	F	F-50+	9		00:28:11	00:28:09
44	595	GLEICIANE CRISTINA DE SOUZA	F	F-30-34	4	AVULSO	00:28:30	00:28:11
45	632	FLAVIANE DA SILVA SIMOES	F	F-35-39	9	SESI SJC	00:28:22	00:28:12
46	752	CLAUDIA MARIA BARREIRA DE FA	F	F-50+	10	GRUPO DE CORRIDA PE	00:28:58	00:28:19
47	777	VILMA MENEZES RIBEIRO	F	F-50+	11	JOÃO DO PULO	00:28:30	00:28:21
48	570	MONIQUE DAIANA FRANCO SOUZA	F	F-30-34	5	RAPTORS	00:28:39	00:28:24
49	538	SUZAN EIKO	F	F-35-39	10	CIA ATHLETICA	00:28:57	00:28:27
50	687	LUCIANE DIAS DE OLIVEIRA	F	F-40-44	6	IBAJI SPORT TEAM	00:29:24	00:28:57
51	766	MARIA DE LOURDES DAS NEVES S	F	F-50+	12	ALFA OMEGA	00:29:06	00:29:02
52	529	WILLIAM SILVA	F	F-25-29	4		00:29:15	00:29:04
53	758	LUCIA HELENA PEREIRA LIMA	F	F-50+	13	JAPRARUA	00:29:25	00:29:04
54	612	NADIR HELENA LEITE DE SOUSA	F	F-35-39	11		00:29:35	00:29:16
55	798	CECILIA NAOMI TANAKA COSTA	F	F-50+	14	RAPTORS	00:29:34	00:29:23
56	588	SIMONE DOS REIS SILVA	F	F-30-34	6		00:29:36	00:29:24
57	629	TANISE VITORELLO ZANETTE	F	F-35-39	12	ASSESSORIA DIEGO DAN	00:30:04	00:29:26
58	673	CLARICE ACELINA DOS ANJOS	F	F-40-44	7	ASSESSORIA DIEGO DAN	00:29:48	00:29:31
59	574	VANESSA ALVES ALMEIDA DE JES	F	F-30-34	7		00:29:57	00:29:37
60	669	ELISANGELA CUSTÉDIO MACHADO	F	F-40-44	8		00:29:54	00:29:42
61	745	MARCIA A RAMOS DE OLIVEIRA	F	F-45-49	9	CORREDORES DE JACARE	00:30:06	00:30:00
62	668	SÁLVIA HELENA DE SOUSA LEITE	F	F-40-44	9	MOVER - VIDA COM QUA	00:30:22	00:30:03
63	598	VANESSA CHIARANI	F	F-30-34	8	ASSEM	00:30:20	00:30:08
64	789	SANDRA REGINA SALVI DE MATTO	F	F-50+	15	SUPERSOFT	00:30:51	00:30:22
65	616	SHEILA MARIANE PEREIRA	F	F-35-39	13	PARKER FILTROS	00:30:45	00:30:31
66	737	MAJO MATEUS (MARIA JOSE MATE	F	F-45-49	10		00:30:52	00:30:35
67	721	LUCIANA GOMES MARINI	F	F-45-49	11	TRIATLON JEDAI	00:30:49	00:30:39
68	801	TELESILA LAGES RIDOLFI	F	F-50+	16		00:30:58	00:30:43

69	677	CLAUDELYNE PADOVANI	F	F-40-44	10	RAPTORS	00:30:59	00:30:44
70	638	ELLEN REGINA RODRIGUES NUNES	F	F-35-39	14	NAO TENHO	00:31:38	00:30:59
71	681	ANDREZA CARLA VILAS BOAS	F	F-40-44	11		00:31:10	00:31:07
72	756	FLAVIA LANDIN	F	F-50+	17		00:31:42	00:31:14
73	780	LISETE GORGATI MISCOW	F	F-50+	18	AVULSO	00:31:45	00:31:17
74	799	MIRACI OBINO	F	F-50+	19	LC TEAM	00:31:40	00:31:23
75	589	ALINE FERNANDA DA SILVA IDAL	F	F-30-34	9		00:31:50	00:31:30
76	517	BEATRIZ SILVERIO DA SILVA	F	F-20-24	3		00:32:18	00:31:32
77	651	ELLEN YOSHIE SUDO LUTIF	F	F-35-39	15	100 JUIZO	00:32:00	00:31:38
78	784	VILMA APARECIDA DIAS	F	F-50+	20		00:32:30	00:31:42
79	618	CAROLINE RODRIGUES MORAIS	F	F-35-39	16		00:32:24	00:31:44
80	703	FRANCISCA CRISTINA DA SILVA	F	F-40-44	12	APVE - JAPRARUA	00:32:10	00:31:47
81	839	ELIZABETH ARNOLD DE FREITAS	F	F-50+	21		00:31:59	00:31:50
82	544	MARIANA SANTOS ALVES	F	F-25-29	5		00:32:35	00:32:08
83	531	RAFAELA DOS SANTOS PINTO	F	F-25-29	6	DECATHLON	00:32:35	00:32:10
84	622	VERÔNICA LAINO	F	F-35-39	17		00:32:44	00:32:14
85	679	PATRICIA DA COSTA PINTO SOUZ	F	F-40-44	13	AVULSO	00:33:09	00:32:20
86	520	DANIELE KURPIEL	F	F-20-24	4	AVULSO	00:32:44	00:32:23
87	526	FABIOLA CRISTINA FRANCISCO	F	F-20-24	5	FRANCISRUNNING	00:32:36	00:32:25
88	567	ALINE SATIE SHINTANI	F	F-30-34	10	AVULSO	00:39:08	00:33:03
89	754	MARIA DE FATIMA RAMOS MATIAS	F	F-50+	22	FACERUNNERS	00:33:37	00:33:08
90	781	ANA OLIVEIRA	F	F-50+	23	JAPRARUA	00:33:30	00:33:09
91	778	ANDREA DOS ANJOS PEREIRA DA	F	F-50+	24		00:33:45	00:33:17
92	621	MONICA THERESA DE LIMA	F	F-35-39	18		00:33:32	00:33:32
93	819	LIDIA WAKAMATSU	F	F-50+	25	JOFO DO PULO	00:34:01	00:33:40
94	770	CRISTINA MESQUITA CARVALHO	F	F-50+	26	METRUS-EAMSP	00:34:19	00:33:41
95	806	CLEONICE GOUVEA CABRAL	F	F-50+	27	GOUVAA TEAM	00:34:13	00:34:10
96	818	SILENE DE OLIVEIRA SILVA COU	F	F-50+	28		00:34:38	00:34:26
97	764	RITA DE CASSIA MANTOVANI	F	F-50+	29	TEXUGOS DE RUA	00:34:50	00:34:29
98	816	ELISABETE DA CONCEIÇÃO MENDE	F	F-50+	30	TAF RUNNERS	00:34:53	00:34:34
99	710	DANIELA CRISTINA DOS SANTOS	F	F-45-49	12		00:35:10	00:34:41
100	763	REGINA HELENA TOLEDO DIAS	F	F-50+	31	RISSATO ASSESSORIA	00:35:37	00:34:54
101	549	ANA CAROLINA MARQUES BATISTA	F	F-25-29	7	ANA CAROLINA	00:35:49	00:35:03
102	541	LARISSA DE SOUSA GOMES	F	F-25-29	8		00:35:53	00:35:05
103	841	TERESINHA BENVINDA DOS SANTO	F	F-50+	32	JOFO DO PULO	00:35:10	00:35:10
104	676	DENISE XAVIER	F	F-40-44	14	AZZTEAM	00:35:42	00:35:12
105	620	TATIANE FERNANDES DE SOUZA	F	F-35-39	19	SUPERA COMUNICAFO	00:36:07	00:35:25
106	755	DELMA DE FARIA SANTARELLI	F	F-50+	33	PE NA RUA	00:36:06	00:35:27
107	513	MARIANA DE SOUZA SILVA	F	F-20-24	6		00:36:06	00:35:36
108	740	MARIA DE FATIMA FERREIRA DOS	F	F-45-49	13		00:36:02	00:35:41
109	511	VITORIA MARIA FIOD RIBEIRO D	F	F-20-24	7		00:36:13	00:35:41
110	649	GISELE LOPES	F	F-35-39	20	CHIVUNK	00:36:14	00:35:53
111	689	SANNY FONSECA MASTANDRRA	F	F-40-44	15	ASSESSORIA DIEGO DAN	00:36:36	00:35:57
112	661	MILENE LOPES BONFIM	F	F-40-44	16	EQUIPE BONFIM	00:37:03	00:36:27
113	547	AMANDA DOS SANTOS SILVA	F	F-25-29	9	AVULSO	00:36:59	00:36:30
114	509	THAIS PIETRA LUNA MACHADO	F	F-14-19	1	AVULSO	00:37:25	00:36:35
115	683	ANA KARINA ASSUNÇÃO GONÇALVE	F	F-40-44	17		00:37:22	00:36:51
116	532	ANA CAROLINA OLIVEIRA	F	F-25-29	10	UNIVAP	00:38:34	00:37:51
117	750	RENATA TERUMI TOKUNAGA	F	F-50+	34		00:39:05	00:38:28
118	811	GENI DE SIQUEIRA CARDOSO	F	F-50+	35	STEPHANO TEAM	00:38:50	00:38:44
119	609	CECÍLIA GUIMARÃES SILVA	F	F-30-34	11		00:39:51	00:39:13
120	640	MARCELA SANTOS DE ANDRADE	F	F-35-39	21	AVULSO	00:39:54	00:39:15
121	655	ANDREA CRISTINA ARANTES CORR	F	F-40-44	18	RAPTORS	00:39:45	00:39:30
122	747	PATRICIA CARVALHO DE SOUZA	F	F-45-49	14		00:40:11	00:39:37
123	704	ANA CRISTINA CARVALHO DE SOU	F	F-40-44	19		00:40:11	00:39:38
124	821	CECÍLIA PADOVANI DE A TOLEDO	F	F-50+	36	RAPTORS	00:40:15	00:39:58
125	658	JOSI SOUZA	F	F-40-44	20		00:40:52	00:40:29
126	548	MARIA NATALI MENDES DA SILVA	F	F-25-29	11	BRASIL RUNNERS	00:40:59	00:40:52
127	813	GLORIA MOREIRA DE CASTILHO	F	F-50+	37	FACERUNNERS	00:41:06	00:41:04
128	633	FERNANDA CASTRO GOMES DE SOU	F	F-35-39	22	ASSESSORIA DIEGO DAN	00:41:29	00:41:10
129	613	Bárbara FONSECA DA ROCHA	F	F-35-39	23	SUPERA COMUNICAFO	00:42:18	00:41:36
130	738	KARLA M F MELLO	F	F-45-49	15	LC TEAM	00:45:00	00:44:43
131	543	Mônica F SCHAVARETO	F	F-25-29	12		00:45:04	00:44:51
132	561	KARINA ANGELICA ALVES SOARES	F	F-30-34	12		00:45:04	00:44:51
133	552	TALITA CAMPOS DE LIMA BARBOS	F	F-25-29	13		00:45:28	00:45:00
134	845	LUCI DE OLIVEIRA XAVIER	F	F-50+	38	AZZTEAM	00:46:25	00:45:54
135	637	CAMILA ZUQUETTO	F	F-35-39	24		00:46:53	00:46:12
136	596	JOYCE MARCELA GALVAO INOUE	F	F-30-34	13	AVULSO	00:46:54	00:46:13
137	627	JULIANA HELENA FERNANDES PAL	F	F-35-39	25	KUMON VILA EMA	00:47:26	00:46:52
138	724	PATRICIA DE SOUZA AGUIAR	F	F-45-49	16	ASSESSORIA DIEGO DAN	00:51:54	00:51:40
139	853	ARLETE AGUIAR	F	F-50+	39	ASSESSORIA DIEGO DAN	00:51:55	00:51:42

# SUPER 5K - 1ª ETAPA (19/05/2019)

## LISTA GERAL

::MASCULINO::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq
1	713	ALEX FERREIRA VIANA	M	GERAL	1	EQUIPE JOAO DO PULO	00:17:08	00:17:08
2	790	ALTAIR ALVES ANDRADE	M	GERAL	2	MARANGATEAM	00:17:20	00:17:20
3	518	GEAN JEFFERSON LEANDRO DA SI	M	GERAL	3	PES INDOMITEIS	00:17:41	00:17:41
4	694	PAULO SERGIO DOS SANTOS	M	GERAL	4	COMBATENTES	00:17:51	00:17:51
5	602	WELLINGTON LUIZ MARQUES DA S	M	GERAL	5	PARÇAS	00:18:00	00:18:00
6	647	GLAUCO MAZUCATI	M	M-35-39	1	EQUIPE JOAO DO PULO	00:18:04	00:18:03
7	731	VANDERLEI APARECIDO DE PAULA	M	M-45-49	1	TRIATLON JEDAI	00:18:12	00:18:12
8	660	EDMAR CAMPOS ASSIS DE CASTRO	M	M-40-44	1		00:18:21	00:18:20
9	692	JOSE FRASÇO DA SILVA IRMÇO	M	M-40-44	2	OS PARÇAS	00:18:22	00:18:21
10	672	GERSON DA SILVA	M	M-40-44	3	MAX RUN/ JOÇO DO PUL	00:18:49	00:18:48
11	783	GILBERTO HIDEAKI ARAKAKI	M	M-55-59	1	JOÇO DO PULO	00:18:51	00:18:50
12	666	MARCIO GOUVEIA	M	M-40-44	4	FAMILIA GOUVEIA	00:18:58	00:18:54
13	535	IGOR LEMES DA COSTA RAMOS	M	M-25-29	1	GOUVEA TEAM	00:19:13	00:19:06
14	709	MARCELO OLIVEIRA VELOSO RITA	M	M-45-49	2	EQUIPE RAPTORS	00:19:14	00:19:14
15	625	ELDERSON SILVA	M	M-35-39	2	RK RUNNER'S/CORUPIN	00:19:36	00:19:35
16	515	PAULO HENRIQUE SALOMÇO FAUST	M	M-20-24	1	BRASIL RUNNERS	00:19:42	00:19:40
17	536	NEURIELE BEBETO COELHO BRAZ	M	M-25-29	2	100 JUIZO	00:19:42	00:19:40
18	506	RAFAEL LUIZ DOS SANTOS	M	M-14-19	1	GARASA	00:19:43	00:19:42
19	680	PAULO APARECIDO DA SILVA	M	M-40-44	5	APVE - JAPRARUA	00:19:51	00:19:48
20	525	ALEX ANDRE	M	M-20-24	2		00:19:58	00:19:57
21	522	PEDRO HENRIQUE DE PAULA FERR	M	M-20-24	3	OTICA AGUIAR	00:20:18	00:20:02
22	671	LUIS ROQUE DE ARAUJO DOS SAN	M	M-40-44	6	JOTTA JR SPORT CLUB	00:20:14	00:20:05
23	657	JORGE VINICIUS CALIXTO FERRE	M	M-40-44	7		00:20:26	00:20:06
24	810	JOSE MARTINS VIEIRA	M	M-60+	1	OS PARCAS	00:20:11	00:20:11
25	636	PAULO EDGAR FIDELIS MELO	M	M-35-39	3	TOP RUNNERS/ SESC/ A	00:20:50	00:20:14
26	768	JOAO TADEU DO AMARAL	M	M-50-54	1	ACADEMIA MARRA FIT	00:20:28	00:20:26
27	693	OSEIAS DE	M	M-40-44	8	ATLETAS DE CRISTO IP	00:20:45	00:20:43
28	656	BRUNO APARECIDO PEREIRA	M	M-40-44	9	MOVE PERSONAL	00:20:47	00:20:43
29	572	DIEGO JUNIO FERREIRA	M	M-30-34	1	ASSESSORIA DIEGO DAN	00:21:12	00:21:10
30	717	WANDERLEY SILVA	M	M-45-49	3		00:21:20	00:21:16
31	795	PEDRO ZEFERINO DA SILVA	M	M-55-59	2		00:21:21	00:21:19
32	555	HERICSON RODRIGO M. DE ALMEI	M	M-25-29	3	MOVER	00:21:23	00:21:18
33	776	JUAREZ PASCOAL DA SILVA	M	M-50-54	2	FACE RUNNERS	00:21:32	00:21:25
34	505	LEONARDO DE OLIVEIRA SILVA	M	M-14-19	2	JOÇO DO PULO/ MAX RU	00:21:29	00:21:28
35	514	RUSLAN DOS SANTOS MORAIS	M	M-20-24	4		00:21:34	00:21:32
36	753	MIGUEL EL KOURI	M	M-50-54	3	MINEIRO ASSESSORIA	00:21:46	00:21:41
37	741	SANDRO LUIS PINTO	M	M-45-49	4		00:21:47	00:21:44
38	805	JOAQUIM DE MOURA NUNES	M	M-55-59	3		00:21:57	00:21:49
39	607	BRUNO APARECIDO DOS SANTOS	M	M-30-34	2	AVULSO	00:22:23	00:22:04
40	648	FERNANDO DE OLIVEIRA	M	M-35-39	4		00:22:10	00:22:05
41	599	EWERTON DE OLIVEIRA SILVA	M	M-30-34	3		00:24:30	00:22:06
42	832	GABRIEL DOS PASSOS RAMOS	M	M-60+	2		00:22:15	00:22:15
43	786	ADEMILSON BARBOSA DO NASCIME	M	M-55-59	4		00:22:19	00:22:15
44	804	ADEMAR CHAVES DE OLIVEIRA	M	M-55-59	5	ADEMAR	00:22:26	00:22:19
45	836	MAURICIO ROBERTO DA SILVA	M	M-60+	3	FACERUNNERS	00:22:24	00:22:19
46	575	CARLOS JONATAS SANTOS DA CRU	M	M-30-34	4	GCM'S RUNNER'S	00:22:33	00:22:24
47	521	LEONARDO MENDES DE CARVALHO	M	M-20-24	5	DECATHLON	00:22:47	00:22:26
48	502	SAMUEL FELIPE ALVES DOS SANT	M	M-14-19	3	GARASA	00:22:34	00:22:31
49	504	GABRIEL MAGALHES LEMOS	M	M-14-19	4	ADC EMBRAER	00:22:49	00:22:38
50	606	RICARDO BEDIN FRANCA	M	M-30-34	5	AVULSO	00:23:00	00:22:39
51	788	WAGNER DA SILVA BARBOSA	M	M-55-59	6	TAF10	00:22:42	00:22:40
52	675	ELTON CARLOS JERONIMO	M	M-40-44	10		00:23:02	00:22:44
53	739	MARCELO DOS SANTOS	M	M-45-49	5		00:22:56	00:22:53
54	571	RENATO MARQUES DE LIMA	M	M-30-34	6	AVULSO	00:23:17	00:22:57
55	524	RODRIGO NOGUEIRA BARBOSA	M	M-20-24	6	ACADEMIA BIOFIT	00:23:10	00:23:03
56	590	CARLOS ANDRE RIBEIRO DURVALI	M	M-30-34	7	GCM'S RUNNER'S	00:23:24	00:23:14
57	791	CARLOS ALBERTO FRANGO	M	M-55-59	7	TAF RUNNERS	00:23:46	00:23:27
58	615	RODRIGO DA SILVA MATTOSO	M	M-35-39	5	NÇO TENHO	00:23:41	00:23:30
59	686	ANDRE LUIZ ALVES SOARES	M	M-40-44	11		00:23:48	00:23:36
60	803	SILVIO DA COSTA	M	M-55-59	8	RAPTORS	00:23:49	00:23:37
61	796	JOSE RENATO DE SOUZA	M	M-55-59	9	INDIVIDUAL	00:24:01	00:23:41
62	715	ROMULO AUGUSTO SACCO	M	M-45-49	6	FAMLIA SACCO	00:23:51	00:23:46
63	844	FILEMON AVALO DE CARVALHO	M	M-60+	4	STEFANOTEAM	00:23:54	00:23:48
64	830	PEDRO JOSE DE LIMA	M	M-60+	5	JACAREI	00:23:55	00:23:50
65	553	SERGIO LUIS BITTENCOURT RODR	M	M-25-29	4	ASSESSORIA DIEGO DAN	00:24:05	00:23:51
66	546	PAULO VICTOR DIAS MACEDO	M	M-25-29	5	SUB ELITE VANILSON	00:24:02	00:23:54
67	800	GERALDO DO PRADO	M	M-55-59	10		00:24:03	00:23:56
68	843	ADAIL RODRIGUES DA SILVA	M	M-60+	6	100 JUIZO	00:24:08	00:24:00

69	565	DENIS TOGNOLLI	M	M-30-34	8		00:24:59	00:24:06
70	507	RAFAEL ANDRADE FRANCO	M	M-14-19	5		00:24:33	00:24:06
71	608	THIAGO HERNANDES DINIZ	M	M-30-34	9	HD RUNNERS	00:24:47	00:24:10
72	831	JOAQUIM DONIZETE SILVA	M	M-60+	7	FRANCIS	00:24:28	00:24:16
73	591	MARCOS PINHEIRO	M	M-30-34	10	GCM'S RUNNER'S	00:25:17	00:24:25
74	823	JOAO BATISTA DE OLIVEIRA	M	M-60+	8		00:24:39	00:24:38
75	551	JOSE CARLOS DE SOUZA BUENO J	M	M-25-29	6	RUSH	00:24:41	00:24:40
76	774	MARCO ANTONIO PIZANI DOMICIA	M	M-50-54	4	M. A. ASSESSORIA	00:24:48	00:24:42
77	576	RODRIGO COSTA DA SILVA	M	M-30-34	11	GCM'S RUNNER'S	00:25:42	00:24:49
78	623	MARCO AURELIO AGOSTINHO	M	M-35-39	6	AVULSO	00:25:08	00:24:55
79	759	FABIO ROSA DA SILVA	M	M-50-54	5	SEM EQUIPE	00:25:15	00:25:02
80	501	YAGO ABREU DE AGUIAR	M	M-14-19	6	SUPERA COMUNICAÇÃO	00:25:23	00:25:17
81	519	MATHEUS MURILLO DE CASTRO E	M	M-20-24	7	NAO TENHO	00:26:10	00:25:33
82	706	CHARLES CARVALHO	M	M-40-44	12	PRIMU	00:26:17	00:25:32
83	846	VALDOMIRO ALMEIDA DE OLIVEIR	M	M-60+	9		00:25:55	00:25:47
84	540	ANGELO ESTEVÃO SANT'ANNA DON	M	M-25-29	7	BRANGELO	00:26:06	00:25:48
85	851	RAYMUNDO AUGUSTNHO SILVA	M	M-60+	10	JAPRARUA	00:25:49	00:25:48
86	726	NELSON EISAKU NAGAMINE	M	M-45-49	7		00:27:08	00:25:56
87	827	GESIEL DE OLIVEIRA	M	M-60+	11		00:26:16	00:25:58
88	820	ANTONIO DE SOUZA PEREIRA FIL	M	M-60+	12	FACERUNNERS	00:26:22	00:25:58
89	837	AMARO JOSE DA SILVA	M	M-60+	13	NENHUMA	00:26:24	00:26:09
90	573	CESAR MOURA BATAGINI	M	M-30-34	12	PORCARIA	00:26:49	00:26:15
91	503	LUCAS NEVES TOME	M	M-14-19	7		00:26:20	00:26:15
92	584	MAURICIO GUSTAVO NAKAMURA	M	M-30-34	13	FACERUNNERS	00:26:35	00:26:21
93	626	ADRIANO SILVA GUSMAO	M	M-35-39	7	FACERUNNERS	00:26:34	00:26:26
94	842	FRANCISCO SHIGEYUKI SAKATA	M	M-60+	14	SAKATA-S.J.CAMPOS	00:26:40	00:26:28
95	697	JORGE ZARUR NETO	M	M-40-44	13	AVULSO	00:26:50	00:26:29
96	685	JOSE MATIAS FILHO	M	M-40-44	14	MPS PERSONAL	00:26:56	00:26:36
97	734	CLAUDIUS RICARDO TEIXEIRA DE	M	M-45-49	8	SUPERA COMUNICAÇÃO	00:26:46	00:26:39
98	815	JOELTON CLARO DOS SANTOS	M	M-60+	15	NENHUMA	00:26:41	00:26:41
99	792	GERSON DUTRA DA SILVA	M	M-55-59	11		00:27:30	00:26:44
100	725	MARCIO ALESSANDRO DOS SANTOS	M	M-45-49	9	FMRUNNERS	00:27:39	00:26:51
101	643	RODRIGO MOSTARO	M	M-35-39	8	RAPTORS	00:27:10	00:26:58
102	824	NILTON BENEDITO RENO	M	M-60+	16	JAPRARUA/APVE	00:27:37	00:27:11
103	834	JUAREZ CARDEAL DE MIRANDA	M	M-60+	17	FACERUNNERS	00:28:14	00:27:29
104	630	TIAGO AUGUSTO DE OLIVEIRA	M	M-35-39	9		00:27:40	00:27:36
105	779	MARCIEL SANTOS DA SILVA	M	M-50-54	6	AVULSO	00:28:13	00:27:40
106	569	MAXWEL PAULINO SOARES	M	M-30-34	14	FACERUNNERS	00:28:02	00:27:54
107	699	REYNALDO B. PRIANTI NETO	M	M-40-44	15	FACERUNES	00:28:09	00:27:56
108	587	GENIVALDO DE CASTRO SILVA JÚ	M	M-30-34	15		00:28:17	00:27:57
109	527	ROMAGNO LUCAS LINS DA SILVA	M	M-20-24	8	NÃO TENHO	00:28:34	00:28:06
110	674	ALEXANDRE OLIVEIRA PASIN	M	M-40-44	16		00:28:16	00:28:07
111	742	RENATO DUARTE JUNIOR	M	M-45-49	10	SAI DA FRENTE	00:28:24	00:28:08
112	822	JOAO FERREIRA LIMA	M	M-60+	18	NADA MODAS	00:28:27	00:28:18
113	560	GABRIEL DE CASTRO PEIXOTO	M	M-30-34	16	EDUCA.ME	00:28:50	00:28:23
114	730	RONALDO FRANCISCO DA SILVA	M	M-45-49	11	NAO TENHO	00:29:02	00:28:34
115	782	NATAL DONIZETE LEITE	M	M-55-59	12	TRIBE OF RUNNERS	00:28:51	00:28:34
116	670	JEFFERSON DIAS	M	M-40-44	17	JEDIAS	00:28:54	00:28:35
117	593	FELIPE RIBEIRO CALIL	M	M-30-34	17	AVULSO	00:29:18	00:28:37
118	545	RENAN VINICIUS DA SILVA COST	M	M-25-29	8		00:29:21	00:28:43
119	833	JOSE RENE TELES	M	M-60+	19		00:29:08	00:28:53
120	760	ARTHUR FERNANDO CISCATO FERR	M	M-50-54	7	TUTU	00:29:12	00:28:58
121	652	ANTONIO CARLOS GUEDES JR	M	M-35-39	10		00:29:24	00:28:58
122	835	JOSE BENEDITO NUNES	M	M-60+	20		00:29:17	00:29:07
123	597	DANILO IDALGO DE MIRANDA	M	M-30-34	18		00:29:46	00:29:13
124	828	MAURICIO YAMAGUCHI	M	M-60+	21	JAPRARUA / APVE	00:30:06	00:29:40
125	749	TETSU GUNJI	M	M-50-54	8	100 JUIZO	00:30:11	00:29:49
126	639	ALAN ALVES NUNES	M	M-35-39	11	NAO TENHO	00:30:31	00:29:50
127	557	HERIC HENRIQUE MOURA	M	M-25-29	9	ASSESSORIA DIEGO DAN	00:30:06	00:29:53
128	603	EDUARDO MASCIARELLI	M	M-30-34	19		00:30:17	00:30:03
129	654	SERGIO EDUARDO LOPEZ PADILLA	M	M-35-39	12	AVULSO	00:31:06	00:30:29
130	797	FERNANDO JOSE APARECIDO	M	M-55-59	13		00:30:47	00:30:29
131	757	JORGE ALEXANDRE CORREA	M	M-50-54	9	RAPTORS	00:30:55	00:30:41
132	642	GLEDSON HERNANDES DINIZ	M	M-35-39	13	HARD KICK / HD RUNNE	00:31:36	00:30:58
133	714	ADRIANO ALMEIDA BONFIM	M	M-45-49	12	EQUIPE BONFIM	00:31:40	00:31:04
134	554	FELIPE RIBEIRO CHICARELLI	M	M-25-29	10	ASSESSORIA DIEGO DAN	00:31:23	00:31:08
135	688	GERSON FONSECA DE AGUIAR	M	M-40-44	18		00:32:10	00:31:37
136	644	JULIANO PEIXOTO	M	M-35-39	14	EDUCA.ME	00:32:08	00:31:41
137	850	LAERCIO BATISTA DA SILVA	M	M-60+	22		00:32:17	00:32:07
138	530	ONOFRE MOREIRA ALVES	M	M-25-29	11	DECATHLON	00:32:34	00:32:10
139	727	MARCELLO GATTI	M	M-45-49	13		00:32:54	00:32:30
140	586	MARCELO TSUTOMU INOMATA	M	M-30-34	20	SUPERA COMUNICAÇÃO	00:33:13	00:32:30
141	785	ANGELO JOSE NOGUEIRA	M	M-50-54	10		00:33:37	00:32:39

142	765	CELIO BORTOLETTO	M	M-50-54	11	100 JUIZO	00:32:56	00:32:49
143	848	DILERMANDO DE PAULA	M	M-60+	23	ASCORT RUNNERS	00:33:01	00:32:51
144	594	GABRIEL MARQUES PEIXOTO	M	M-30-34	21	AVULSO	00:39:07	00:33:01
145	787	RENATO GOMES PASIN	M	M-55-59	14		00:33:41	00:33:12
146	854	DAMIAO MARTINS MARTOS	M	M-60+	24	AVULSO	00:34:10	00:34:09
147	829	SEBASTIÃO FERREIRA NETO	M	M-60+	25	PATRICK	00:35:39	00:35:04
148	852	JOSE ROBERTO LAMOSA	M	M-60+	26	FACERUNNERS	00:35:13	00:35:10
149	691	MAURACIO MATHIAS SILVA	M	M-40-44	19	AZ2TEAM	00:35:42	00:35:12
150	580	JOAO PAULO DOS SANTOS OLIVEI	M	M-30-34	22	EDUCA.ME	00:35:52	00:35:24
151	736	RICARDO OLIVEIRA FALCAO	M	M-45-49	14		00:36:17	00:35:27
152	659	ALEKSANDRO JOAQUIM DOS SANTO	M	M-40-44	20	CHIVUNK RUNNER	00:36:13	00:35:51
153	698	ALEKSANDRO LUIZ MAMPRIM	M	M-40-44	21	FUSION RUN	00:37:08	00:36:27
154	510	GUILHERME BEDOIA DE ALBUQUER	M	M-20-24	9	AVULSO	00:37:24	00:36:35
155	849	IZAIAS DOS ANJOS SOUZA	M	M-60+	27	AVULSO	00:39:32	00:38:42
156	700	LEANDRO BARONI	M	M-40-44	22	NÃO TENHO	00:39:51	00:39:14
157	769	LINO VIEIRA MADEIRA	M	M-50-54	12		00:40:52	00:40:30
158	662	RENNER COSTA MARTINS	M	M-40-44	23	AVULSO	00:42:27	00:41:47
159	838	JOÃO CARLOS VERI	M	M-60+	28	JFPRARUA/APVE	00:44:53	00:44:26
160	684	WALMIR RICARDO PALÇCIO	M	M-40-44	24	KUMON VILA EMA	00:47:27	00:46:52
161	512	RAFAEL DI NICOLA DE VASCONCE	M	M-20-24	10	ADC INPE	00:50:00	00:49:42
162	807	ROBERTO ROMA DE VASCONCELLOS	M	M-55-59	15	ADC INPE	00:50:01	00:49:44

## SUPER 5K - 1ª ETAPA (19/05/2019)

### LISTA GERAL

::PCD::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq
1	1010	EDSON GONÇALVES DA COSTA	M				00:13:18	00:13:18
2	1005	JOAO ALMEIDA DA SILVA	M				00:23:22	00:23:22
3	1001	ENZO FELIPE MARTINS	M			HEROIS SOBRE RODAS	00:30:07	00:30:03
4	1008	FELIPPE LIMA PEREIRA	M			HEROIS SOBRE RODAS	00:35:04	00:35:04
5	1003	GUILHERME DE ANDRADE DIONÁSI	M				00:37:58	00:37:55
6	1004	VITOR GUTIERREZ SILVA DE ASS	M			HEROIS SOBRE RODAS	00:42:16	00:42:10
7	1006	LUCIA HELENA EUZ/BIO DOS SAN	F				00:48:37	00:48:37