

9ª CORRIDA DA VIRADA JOSEENSE - 2019

5KM - FEMININO

COL.	N.ATLETA	ATLETA	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	5142	MARIA JOSE DA SILVA MOREIRA	JOAO DO PULO	00:22:13	00:22:09	04:25
2	5158	LOURDES ALVES	JUNTO SOMOS MAIS	00:22:56	00:22:53	04:34
3	5028	ADRIANA DE LIMA EVANGELISTA	RUNNING MONSTER	00:23:54	00:23:51	04:46
4	5040	MARIANA LORIANO DA SILVA LO	CORREDORES DE RUA SL	00:24:17	00:24:13	04:50
5	5117	LUCIANE DO NASCIMENTO DE SOU	ADCCTA	00:24:21	00:24:17	04:51
6	5105	MICHELLE GOMES	GRUPO DE CORRIDA PE	00:24:54	00:24:49	04:57
7	5060	TATIANE DE SOUZA PONTES		00:25:16	00:25:12	05:02
8	5017	NATALIA EMILIO DE SOUSA		00:25:58	00:25:52	05:10
9	5071	MIKA MICHELE DA SILVA MARTIN	ASSESSORIA DIEGO DAN	00:26:46	00:26:41	05:19
10	5053	AMANDA CRISTINA DA SILVA	ASSESSORIA DIEGO DAN	00:28:26	00:28:22	05:40
11	5069	ELISANGELA RODRIGUES DE SOUZ		00:29:03	00:29:00	05:48
12	5064	PATRICIA APARECIDA ALMEIDA A		00:29:11	00:29:02	05:48
13	5153	CECILIA MACHADO NUNES	QUICK RUNNERS	00:29:13	00:29:08	05:49
14	5233	GISLENE DA SILVA PAIVA	RUN VALLEY	00:29:12	00:29:09	05:49
15	83	SIMONE MARTINS	MOVER	00:30:14	00:29:26	05:52
16	5166	ALESSANDRA PEREIRA DE SOUZA	FOCUS	00:30:28	00:29:27	05:53
17	5221	MARGARIDA DA SILVA DUARTE	JOAO DO PULO	00:29:42	00:29:29	05:53
18	5213	OLGA DE JESUS MOURA SILVA	100 JUIZO	00:30:07	00:29:54	05:58
19	5188	VERA LUCIA PEREIRA TANAKA	RAPTORS	00:30:15	00:30:02	06:00
20	5137	SARA REGINA SILVA DAMASCENA		00:30:22	00:30:17	06:03
21	5140	VANESSA PRISCILA CORREIA RIB		00:30:36	00:30:27	06:05
22	5065	MAIRA MACEDO SOUZA		00:31:18	00:30:27	06:05
23	5088	MARILIA MOREIRA XAVIER NOZAK	JAPRARUA/APVE	00:30:54	00:30:30	06:06
24	5251	TERESINHA BENVINDA DOS SANTO	JOAO DO PULO	00:30:35	00:30:32	06:06
25	5156	ELVIA CRISTINA GIANELLI	GEMAS RUNNERS	00:31:09	00:30:32	06:06
26	5074	LAURA TEIXEIRA MACHADO		00:30:56	00:30:43	06:08
27	5177	FLAVIA REGINA DE PAULA MOREI		00:31:48	00:30:43	06:08
28	5170	EDILAR MARIA FERREIRA	INDIVIDUAL	00:31:00	00:30:55	06:10
29	5226	MERCEDES HARUE MATSUBAYASHI		00:32:41	00:31:00	06:12
30	5248	MARIA ANGELICA AZEVEDO FIGUE	LS RUNNING	00:31:11	00:31:04	06:12
31	5051	ELIANE DA SILVA	JUNTO SOMOS MAIS	00:31:10	00:31:05	06:12
32	5196	CLAUDIA MARIA BARREIRA DE FA		00:32:59	00:31:16	06:15
33	5123	TATIANE CRISTIANE DE OLIVEIR		00:31:29	00:31:18	06:15
34	5160	ANGELA TEREZA DE CARVALHO SA		00:32:59	00:31:18	06:15
35	5214	VILMA MENEZES RIBEIRO		00:31:34	00:31:19	06:15
36	5144	LUCIMARA DA SILVA DELGADO		00:37:43	00:31:29	06:17
37	5106	ELAINE FERREIRA QUNTANILHA	FACE RUNNERS	00:31:49	00:31:36	06:19
38	5199	MARIA DE JESUS FERREIRA DE S	INDIVIDUAL	00:32:02	00:31:41	06:19
39	5116	NADIA FARIA	H2F - ASSESSORIA ESP	00:32:00	00:31:47	06:21
40	5109	ANA PAULA DE FARIA		00:32:20	00:32:02	06:24
41	5197	SILVANA ALVES VENTURA		00:32:13	00:32:08	06:25
42	5098	ANA MARIA	CSI CORREDORES DE SA	00:32:18	00:32:08	06:25
43	5167	VERA LUCIA LOPES DE SOUSA	FORMA CERTA	00:32:24	00:32:18	06:27
44	5045	ELIZA FERNANDES DOS SANTOS		00:33:55	00:32:21	06:28
45	5026	RAISSA SAMARA SAMPAIO	ADC EMBRAER	00:33:22	00:32:33	06:30
46	5172	ANGELICA ALVES DA SILVA	CHIVUNK RUNNERS	00:33:29	00:32:41	06:31
47	5129	SUZAN EIKO IKEDA TUSUTIYA	SUPERA COMUNICACAO	00:34:54	00:32:46	06:33
48	5230	RITA CLARET DE SOUZA		00:32:51	00:32:47	06:33
49	5099	ELISA AKIE SATO		00:33:18	00:32:49	06:33
50	5080	JOSELAINE MATOS DA SILVA	RUN VALLEY	00:33:27	00:32:50	06:33
51	5169	ANA PAULA DE SOUZA		00:33:00	00:32:51	06:34
52	5121	ROSANA DOS SANTOS MOREIRA	EQUIPE LUCIVALDORUNN	00:33:01	00:32:52	06:34
53	5056	NATALIA AVELAR LOPES		00:34:23	00:33:03	06:36
54	5073	PRISCILLA SANTANA		00:34:19	00:33:11	06:37
55	5173	SONIA CRISTINA FARIA DOS SAN		00:33:36	00:33:16	06:39

56	5147	PRISCILA DE CASSIA PAZZINI		00:36:55	00:33:26	06:40
57	5223	SANDRA REGINA SALVI DE MATTO	SUPERSOFT	00:34:17	00:33:38	06:43
58	5048	DIANA MICHELLE DOS SANTOS CO		00:33:53	00:33:41	06:43
59	5206	LUCILENE APARECIDA LIMA DA S		00:36:37	00:33:42	06:44
60	5054	VALDILENE APARECIDA NASCIMEN	ASSEM RUNNIG	00:37:06	00:33:45	06:45
61	5218	VILMA APARECIDA DIAS	DIAS	00:36:44	00:33:49	06:45
62	5032	ALINE DE FATIMA CANDIDO SANT		00:33:59	00:33:50	06:45
63	5077	ANA CLAUDIA DE LIMA		00:34:06	00:33:57	06:47
64	5200	FLAVIA LANDIN	ARENA235	00:34:27	00:33:57	06:47
65	5108	SILENE DOS SANTOS PEREIRA LI		00:36:03	00:33:59	06:47
66	5504	HELEN APARECIDA DA SILVA CHA	DECATLHON	00:34:33	00:34:09	06:49
67	5023	INGRID MAIARA SOUZA CHAGAS S		00:34:27	00:34:12	06:50
68	5041	CARLA VERONICA DE MELO		00:34:35	00:34:14	06:50
69	5003	MARIANE CAPELLA DE OLIVEIRA		00:34:58	00:34:15	06:51
70	5145	ADRIANA MARQUES ALVARENGA		00:34:44	00:34:16	06:51
71	5178	CAMILA DE OLIVEIRA		00:34:43	00:34:20	06:51
72	5072	SARAH CLAUDINO CARNEIRO GOME	TRAINING & RUN	00:34:58	00:34:42	06:56
73	5110	LOANA APARECIDA FERREIRA ALV		00:37:56	00:34:52	06:58
74	5215	ANDREA DOS ANJOS PEREIRA DA		00:38:24	00:34:58	06:59
75	5159	JOSIANE KWIATKOWSKI DA SILVA	LC TEAM	00:35:12	00:34:59	06:59
76	5113	CARLA ARAUJO SARAIVA		00:37:56	00:35:13	07:02
77	5030	LIA FONSECA RUSSO		00:35:36	00:35:24	07:04
78	5139	MARIA APARECIDA SOUZA BASTOS		00:35:40	00:35:25	07:04
79	5004	GABRIELA SAEMI ARAKAKI		00:36:24	00:35:28	07:05
80	5103	LUCIANA ALVES GOMES	JOAO DO PULO	00:36:09	00:35:35	07:06
81	5001	CAMILA DE SOUZA ANDRADE	RISSATO	00:36:01	00:35:36	07:07
82	5135	LIANA ANDERSON	ADC-INPE	00:36:15	00:35:40	07:07
83	5175	JOYCE CRISTINA DE O. SILVA	JL ASSESSORIA BOSQUE	00:35:54	00:35:49	07:09
84	5002	JESSICA CALLEGARI SILVA DE O		00:36:44	00:35:57	07:11
85	5243	ORMINDA DONIZETE DE SOUZA		00:36:06	00:36:00	07:12
86	5134	JULIANA DE CAMPOS MATHIAS	ID GESTAO ESPORTIVA	00:36:44	00:36:03	07:12
87	5148	MICHELLE CRISTINA DE OLIVEIR		00:36:18	00:36:07	07:13
88	5202	LUCIA MORAES		00:36:48	00:36:13	07:14
89	5009	MARIANA SVIRKAS OLIVEIRA		00:36:52	00:36:13	07:14
90	5007	GABRIEL P NEVES		00:36:53	00:36:13	07:14
91	5125	PATRICIA DE SOUZA MAIA		00:36:52	00:36:19	07:15
92	5034	TAMIRES TEOPHILO DALLA VECCH		00:37:07	00:36:20	07:15
93	5155	SILVANA APARECIDA MIQUELOF	LUCIVALDO RUNNING	00:36:31	00:36:23	07:16
94	5124	ELLEN YOSHIE SUDO LUTIF GUNJ		00:37:50	00:36:29	07:17
95	5246	IZOLINA MITSUE TANAKA IGUCHI		00:36:37	00:36:31	07:18
96	5238	HELENA SANTOS PINHEIRO DE SA	ADC INPE	00:36:48	00:36:33	07:18
97	5025	ANNA KAROLINE DELGADO DA CON		00:40:11	00:36:43	07:20
98	5027	LARISSA GRAZIELE JANUARIO DA	TUCA RUNNERS	00:37:10	00:36:52	07:22
99	5256	GENILDA MONTEIRO	GENILDA	00:37:15	00:36:55	07:22
100	5168	JANAINA UCCELLI		00:39:46	00:37:01	07:24
101	5084	IARA CAROLINE REZENDE		00:37:44	00:37:04	07:24
102	5128	GISELLI CRISTINA FERRANTE	PE NA RUA	00:38:51	00:37:05	07:24
103	5239	ELISABETE DA CONCEICAO MENDE	TAF RUNNERS	00:37:17	00:37:07	07:25
104	5195	HELENA KRIEG BOSCOLO	ADC-INPE	00:37:40	00:37:07	07:25
105	5210	JOSEFA DA CONCEICAO PEREIRA		00:38:30	00:37:08	07:25
106	5244	LIDIA WAKAMATSU	JOAO DO PULO	00:37:30	00:37:10	07:25
107	5094	SIMONE CRUZ	AMIGAS DA COISA	00:37:22	00:37:12	07:26
108	5229	ENEDY MARIA FERNANDES FORTUN	CSI CORREDORES DE SA	00:37:22	00:37:12	07:26
109	5022	ALINE MELLO SILVA	EQUIPE CROSARIOL	00:38:11	00:37:16	07:27
110	5503	RENATA HELENA ARANTES E OLIV	DECATHLON	00:37:54	00:37:18	07:27
111	5193	LUCIMARA CORREA OLIVEIRA		00:37:56	00:37:30	07:30
112	5061	VANESSA ALVES PEREIRA DINIZ	ESPERA EU	00:39:33	00:37:32	07:30
113	5150	LUCIANA DE FATIMA VIEIRA RIB		00:38:03	00:37:33	07:30
114	5254	MERY MORIWAKI		00:37:42	00:37:39	07:31

115	5012	PAULA LULAI NATALI	BRJP	00:38:10	00:37:39	07:31
116	5154	ROSEMERI RAMOS DA SILVA		00:38:00	00:37:46	07:33
117	5013	JULIA LIMA	BRASIL	00:38:20	00:37:49	07:33
118	5250	ELIZABETH ARNOLD DE FREITAS		00:38:15	00:37:53	07:34
119	5232	IOLANDA CARMELITA DE SOUZA D		00:38:16	00:37:55	07:34
120	5126	VALERIA DE FATIMA GONCALVES		00:38:13	00:37:58	07:35
121	5119	MARINA SOARES GUEDES MILON	SUPERA COMUNICACAO	00:40:22	00:38:06	07:37
122	5104	ALDETE	TREINING&RUN	00:38:14	00:38:07	07:37
123	5211	DIRCE APARECIDA MORAES FERRE	PENELOPES CHARMOSAS	00:38:13	00:38:08	07:37
124	5183	REJANE FUGER MONTEIRO	TRAINING&RUN	00:40:17	00:38:11	07:37
125	5141	ELENEIDE PAULINO DO NASCIMEN	JUNTO SOMOS MAIS	00:40:18	00:38:11	07:37
126	5122	FABIANA GIANELLI	GEMAS RUNNERS	00:39:26	00:38:14	07:38
127	5130	WANDINICE PASSONI HIGINO	ASSEM	00:44:13	00:38:22	07:40
128	5194	DANIELA ULIAN		00:44:22	00:38:30	07:42
129	5171	VYNIA RIBEIRO DE LIMA		00:40:24	00:38:39	07:43
130	5132	ALESSANDRA MOTA		00:39:40	00:38:45	07:45
131	5216	MARIA ZILENE DE PONTES MORAE		00:44:33	00:38:46	07:45
132	5163	LILIAN SLOBODZIAN DE AGUIAR		00:39:51	00:38:53	07:46
133	5182	ROBERTA A DE CASTILHO		00:39:47	00:38:56	07:46
134	5149	MEURY TATIANE DUARTE SCHNEID		00:41:48	00:38:59	07:47
135	5079	ADRIANA CRISTINA DA SILVA		00:39:32	00:39:06	07:49
136	5016	ANA LUIZA MARTINEZ DE AZEVED		00:39:21	00:39:08	07:49
137	5136	CIBELE APARECIDA FERREIRA DI	ASSESSORIA DIEGO DAN	00:39:52	00:39:08	07:49
138	5018	MARIANA DE S ALVES		00:41:52	00:39:09	07:49
139	5203	GERCINA ALVES MOORE		00:39:14	00:39:10	07:49
140	5179	VALDIRENE RIBEIRO DOS ANJOS	SESI SAO JOSE DOS CA	00:39:39	00:39:10	07:49
141	5067	JULIANA RIBEIRO BONIFACIO		00:39:35	00:39:17	07:51
142	5207	SILVANA PAIVA	SILVANA PAIVA	00:40:02	00:39:28	07:53
143	5201	ISOLETE DZENDZIK	SEVERIANO RUNNING TE	00:39:51	00:39:32	07:54
144	5118	JUCELIA CRISTINA DOS SANTOS		00:39:53	00:39:39	07:55
145	5184	ADRIANA DO PRADO	CSI CORREDORES DE SA	00:39:52	00:39:43	07:56
146	5097	MIRIA DE MOURA FIALHO	ARREPIA CORREDOR	00:43:02	00:39:55	07:58
147	5042	LUCIANA SOUZA ROCHA		00:40:59	00:40:02	08:00
148	5059	JOSIANE BENEDITA ALVES DA SI		00:40:38	00:40:08	08:01
149	5255	ANETE MARIA DAS GRACAS JANUA		00:42:30	00:40:15	08:03
150	5176	MARCIA MARIA ALVES DE SOUZA		00:41:01	00:40:16	08:03
151	5247	MARIA DE FATIMA SOARES	SUPERA COMUNICACAO	00:42:22	00:40:18	08:03
152	5186	NEIDE DE LURDES COLETTI PORT	LUCIVALDO RUNNING	00:40:29	00:40:20	08:03
153	5234	SUELI FELIZARDO	FELIZARDOS TEAM	00:40:53	00:40:20	08:03
154	5107	NILA CECILIA DE FARIA LOPES	ADC-INPE	00:40:53	00:40:20	08:03
155	5066	FLAVIA SOUZA DA SILVA		00:41:41	00:40:23	08:04
156	5227	MARIA DE JESUS FERREIRA TAKA	MARANGA TEAM	00:40:33	00:40:25	08:04
157	5111	PAULA SUZUKI CECILIO		00:43:17	00:40:31	08:06
158	5055	SHEILA CZENZSEL	LUCIVALDO RUNNING	00:40:46	00:40:38	08:07
159	5082	LUCIANA DE LOURDES OLIVEIRA	ASSESSORIA DIEGO DAN	00:41:27	00:40:54	08:10
160	5165	DANIELA CRISTINA DOS SANTOS		00:43:07	00:40:55	08:10
161	5222	ROSELIOLIVEIRA LIMA		00:41:26	00:40:57	08:11
162	5212	ERIKA LULAI	BRJP	00:41:28	00:40:58	08:11
163	5047	MAIRA SILVA		00:47:24	00:41:10	08:13
164	5095	EISLA MENDES LOPES		00:42:29	00:41:25	08:16
165	5114	GISELE LANGNECK SANTOS		00:42:31	00:41:35	08:18
166	5035	VANESSA ELAINE ALKIMIN DE OL	EQUIPE PE DE BOI	00:42:02	00:41:40	08:19
167	5190	ELIANA DOS SANTOS	MARIAS	00:47:23	00:41:43	08:20
168	5228	MARIA APARECIDA BORSOIS	MARIAS	00:47:23	00:41:44	08:20
169	5046	SUELLEN FRANCA LOBO		00:48:30	00:42:01	08:24
170	5014	TAINA MARIANA ARAUJO PINTO S		00:42:41	00:42:07	08:25
171	5242	REGINA APARECIDA GALVAO DE A		00:45:07	00:42:18	08:27
172	5225	MARIA AMELIA BARBOSA LEAL		00:43:03	00:42:33	08:30
173	5112	AMANDA FERNANDES DE SOUZA		00:43:03	00:42:42	08:32

174	5192	MICHELA TAKAMATSU CARVALHO		00:43:08	00:42:43	08:32
175	5224	LUCIMARY REYES GUERREIRO GON		00:43:09	00:42:45	08:33
176	5050	JULIANA SLOBODA		00:46:06	00:42:46	08:33
177	5164	DANIELA NUNES COSTA MIRANDA		00:43:48	00:42:54	08:34
178	5220	ANA SILVIA DE OLIVEIRA COHEN	ALAN ZONINI TREINAME	00:43:48	00:42:55	08:34
179	5157	LILIAN GUIMARAES DA CONCEICA		00:43:25	00:43:00	08:36
180	5037	NATALIA MARIA DE FARIA		00:44:10	00:43:01	08:36
181	5043	ETIENE RABELO FERREIRA	-	00:43:37	00:43:21	08:40
182	5083	SARA REGINA RODRIGUES SILVER	ADC EMBRAER	00:43:48	00:43:32	08:42
183	5039	RENATA MACHADO DONO	BARTO	00:44:30	00:43:48	08:45
184	5204	CARLA SANTORO CISCATO FERREI		00:45:50	00:43:51	08:46
185	5086	FABIOLA MARIANE CUSINO		00:47:01	00:43:55	08:46
186	5092	TATIANE APARECIDA AMORIM CAM		00:44:49	00:44:38	08:55
187	5231	NILDA COSTA ALVES MOREIRA DA	ADC INPE	00:45:21	00:44:46	08:57
188	5078	EMARI ANDRADE		00:45:21	00:44:47	08:57
189	5096	FLAVIA BRAGA KRAUSS DE VILHE		00:45:21	00:44:47	08:57
190	5209	SANDRA JONAI RODRIGUES SOUZ		00:45:04	00:44:48	08:57
191	5152	ADRIH RANGEL	ID GESTAO ESPORTIVA	00:44:59	00:44:49	08:57
192	5031	KELLY YUMI INAGAKI		00:45:19	00:45:00	09:00
193	5161	MARIA ALZIMIRA FERREIRA DA R	FACE RUNNERS	00:45:38	00:45:23	09:04
194	5146	GISLAINE REGUIM DE ABREU THO		00:45:49	00:45:29	09:05
195	5219	KATIA REGINA DE FREITAS	FACE RUNNERS	00:46:07	00:45:45	09:09
196	5024	LARISSA TASSIANE RAIMUNDO		00:52:08	00:45:49	09:09
197	5068	PRISCILA SOUZA FERREIRA DA S		00:46:21	00:45:51	09:10
198	5057	SELMA CABRAL SILVA		00:46:36	00:45:54	09:10
199	5010	VERONICA FABIANA BEZERRA BEN		00:47:19	00:46:48	09:21
200	5253	APARECIDA PEREIRA SIMAL	NOVA FIT	00:50:21	00:47:07	09:25
201	5102	MIRELLA COIASSO		00:50:19	00:47:09	09:25
202	5019	LARISSA DIAS		00:49:32	00:47:26	09:28
203	5091	ERICA CRISTINA SILVA DE MORA	CORREDORES JACAREI	00:48:04	00:47:36	09:31
204	5174	ELIS REGINA MARQUES LEANDRO	CORREDORES DE JACARE	00:48:04	00:47:38	09:31
205	5133	PATRICIA JULIANA CALLEGARI		00:48:38	00:47:44	09:32
206	5143	PRISCILLA DUILIA LORENA DARR	PERNAS DURAS DE DOMI	00:48:39	00:47:45	09:33
207	5162	GIZILA DOS SANTOS DUARTE	CORREDORES DE JACARE	00:50:00	00:48:21	09:40
208	5005	CAROLINA DE SOUZA ANDRADE	RISSATO	00:48:57	00:48:32	09:42
209	5217	ANA CELIA GARCIA DA CUNHA	110 JUIZO	00:48:51	00:48:33	09:42
210	5100	IANE ARAUJO FREITAS		00:51:54	00:48:34	09:42
211	5180	SANDRA REGINA GUEDES PEREIRA		00:49:15	00:48:39	09:43
212	5205	MARLY PRADO FERNANDES		00:55:48	00:49:35	09:54
213	5087	LUCIANA DA CRUZ SILVA		00:49:59	00:49:36	09:55
214	5049	NATALIA HELENA DIAS		00:51:01	00:49:57	09:59
215	5093	PATRICIA DOS SANTOS LIMA		00:50:33	00:50:04	10:00
216	5021	LETICIA BORGES TIAGO		00:50:48	00:50:18	10:03
217	5089	ELAINE CRISTINA DE SOUZA DAM		00:51:07	00:50:36	10:07
218	5063	ELOISA DE SOUZA DAMASIO		00:51:07	00:50:38	10:07
219	5033	TALITA CAMPOS DE LIMA BARBOS		00:51:38	00:50:39	10:07
220	5181	ADRIANA DENARI		00:54:25	00:51:24	10:16
221	5058	ANDREIA GONZAGA SANTIAGO	CSI CORREDORES DE SA	00:52:28	00:51:54	10:22
222	5236	MARIA ELIAS PEREIRA DA SILVA		00:53:06	00:52:35	10:30
223	5252	MARIA CALIXTO DA ROCHA		00:55:49	00:53:23	10:40
224	5081	MONICA THERESA DE LIMA		00:54:46	00:54:03	10:48
225	5076	LUZIANA SANT'ANA SIMIES	PE NA RUA	00:55:26	00:54:16	10:51
226	5127	NADIA MARIA FRANCA BORGES	PE NA RUA	00:55:27	00:54:17	10:51
227	5101	CLAUDIA BARAUNA DE PAIVA		00:54:37	00:54:18	10:51
228	5240	JOANINA OSCARINA DE OLIVEIR	JOAO DO PULO	00:56:34	00:55:56	11:10
229	5070	DANIELA DA COSTA SILVESTRE		00:56:17	00:56:02	11:12
230	5245	MARIA GRACIETE COSTA SILVEST		00:57:17	00:57:01	11:24
231	5062	VANESSA APARECIDA DA SILVA		01:00:05	00:57:59	11:35
232	5044	WANESSA CRISTINA DOS SANTOS	NOVA GERACAO	01:01:23	01:00:49	12:09

233	5249	ELZA FERREIRA CAETANO		01:02:44	01:02:21	12:28
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5KM - MASCULINO

COL.	N.ATLETA	ATLETA	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	5382	GERONILDO PEREIRA DA SILVA	PES INDOMAVEIS	00:18:16	00:18:14	03:38
2	5270	MESSIAS DOS SANTOS ALVARENGA	ASSESSORIA DIEGO DAN	00:18:39	00:18:36	03:43
3	5290	ALAN DE PAULA ALVES		00:18:45	00:18:41	03:43
4	5286	CRISTIAN RODRIGUES PEREIRA	RUNNING MONSTER ENDU	00:19:00	00:18:58	03:47
5	5419	VANDERLEI APARECIDO DE PAULA	TRIATHLON JEDAI	00:19:09	00:19:06	03:49
6	5412	CARLOS ALBERTO SEVERIANO	SEVERIANO RUNNING TE	00:19:24	00:19:21	03:52
7	5385	CLAUDEMIR LEAO DA SILVA	ESPERANCA CALCADOS	00:19:44	00:19:41	03:55
8	5262	IGOR GABRIEL DE ALVARENGA	CORREDORES DE RUA SL	00:19:47	00:19:43	03:56
9	5356	NERIO TELES SIMOES	SEVERIANO RUNNING TE	00:19:58	00:19:54	03:58
10	5271	LUCAS MENDES DE OLIVEIRA		00:20:01	00:19:57	03:59
11	5380	DIRCEU BATISTA DA SILVA		00:20:17	00:20:13	04:02
12	5375	RENATO VIRGILIO PIRES	EQUIPE CROSARIOL	00:20:44	00:20:39	04:07
13	5407	MARCELO OLIVEIRA VELOSO RITA		00:21:09	00:21:07	04:13
14	5353	WILLIAM RAMOS SANTOS		00:21:24	00:21:18	04:15
15	306	HELTER LUIS DA COSTA	SEVERIANO RUNNING TE	00:21:23	00:21:19	04:15
16	5327	BRUNO DAMIANO DE MACEDO	JUNTO SOMOS MAIS	00:22:07	00:22:03	04:24
17	5319	ALEXANDRO CUSTODIO DOS SANTO		00:22:41	00:22:33	04:30
18	5445	DANIEL LAURENTINO DE PALHARE	JOAO DO PULO	00:23:03	00:22:59	04:35
19	5349	BRUNO SILVA DA CRUZ	CHIVUNK RUNNERS	00:23:09	00:23:05	04:36
20	5390	CLODOALDO MARCELINO DOS SANT	EQUIPE LAERCIO ATLET	00:23:28	00:23:24	04:40
21	5425	JORGE RICARDO FERNANDES	FACE RUNNERS	00:23:34	00:23:31	04:42
22	5330	CARLOS ANDRE RIBEIRO DURVALI	GCM'S RUNNER'S	00:23:37	00:23:31	04:42
23	5391	DANIEL WILMERS		00:23:51	00:23:46	04:45
24	5394	JOSE ROBERTO DE OLIVEIRA		00:24:00	00:23:55	04:46
25	5433	JUSTINO PEREIRA	OUTROS	00:24:05	00:24:02	04:48
26	5439	DOMINGOS GENEZIO LEOPOLDINO		00:24:13	00:24:12	04:50
27	5465	PEDRO ZEFERINO DA SILVA	VELOZES & FURIOSOS S	00:24:18	00:24:12	04:50
28	5405	GILBERTO LUCIO DA SILVA		00:24:28	00:24:25	04:52
29	5304	VAGNER NASCIMENTO PEREIRA	GCM'S RUNNER'S	00:24:38	00:24:32	04:54
30	5307	WILLY SANTOS	CHIVUNK RUNNERS	00:24:41	00:24:36	04:55
31	5322	EUZEBIO DE SOUZA	SESC SJC	00:24:53	00:24:49	04:57
32	5306	WENDEL DELAMAR DE PAULA MACH	TUCA RUNNERS	00:25:11	00:24:54	04:58
33	5339	JOEL AUGUSTO ALVARENGA JARDI	FACE RUNNERS	00:25:18	00:25:03	05:00
34	5371	FERNANDO DE OLIVEIRA		00:25:12	00:25:06	05:01
35	5359	DENIS BASTOS DA CUNHA	STUDIO UNIQUE	00:25:29	00:25:12	05:02
36	5316	DIEGO DOMICIANO SANTOS	MOVING	00:25:44	00:25:12	05:02
37	5450	CARLOS ALBERTO ANDRADE	PREFEITURA DE ALUMIN	00:25:27	00:25:22	05:04
38	5338	THIAGO APARECIDO ARRUDA GUED	TAG	00:25:42	00:25:23	05:04
39	5266	MURILO SIMAO DOS SANTOS INEZ	FAMILIA RUNNING	00:27:31	00:25:36	05:07
40	5355	WILLIAM MEDEIROS CAVALCANTI	ATACADAO RUNNERS	00:25:48	00:25:43	05:08
41	5494	BENEDITO CARLOS CARNEIRO DA	100 CASCA	00:25:52	00:25:47	05:09
42	5368	ANDRE CARACA	CSI CORREDORES DE SA	00:26:01	00:25:56	05:10
43	5283	GABRIEL DA SILVA ANDRADE		00:26:19	00:25:58	05:11
44	5476	CLAREL DA SILVA		00:26:08	00:26:04	05:12
45	5305	DIEGO DE OLIVEIRA SANTOS		00:26:19	00:26:06	05:13
46	5411	ANTONIO LUIZ GAIA		00:26:40	00:26:06	05:13
47	5408	JOSE MARIA VENTURA MONTEIRO		00:26:21	00:26:10	05:13
48	5351	ERICO MEDEIROS PONTES	PONTES	00:26:35	00:26:16	05:15
49	5431	JOSE GOMES DA SILVA FILHO		00:26:34	00:26:21	05:16
50	5446	LUIS HENRIQUE RAMOS	SEVERIANO RUNNING TE	00:26:48	00:26:42	05:20
51	5337	DANIEL CORREA LIMA DE OLIVEI	DRTDMA	00:26:48	00:26:42	05:20
52	5273	LUIS GUSTAVO DE SIQUEIRA MOR		00:28:45	00:26:43	05:20
53	5264	LUIZ FELIPE ANDRADE BARONE		00:32:04	00:26:53	05:22

54	5477	MANOEL GOMES DE SOUSA		00:27:26	00:26:58	05:23
55	5453	PAULO APARECIDO DA SILVA		00:27:35	00:26:58	05:23
56	5437	ELTON LUIZ RIBEIRO		00:33:23	00:27:09	05:25
57	5429	MAURICIO RAFAEL ABREU ALEIXO		00:27:16	00:27:11	05:25
58	5344	LUCAS FLAVIO ALEXANDRE	FACE RUNNERS	00:27:27	00:27:11	05:25
59	5473	JOSE AUGUSTO DA SILVA	CORREDORES DE JACARE	00:27:22	00:27:15	05:27
60	5397	FABIO FERREIRA DA SILVA	LC TEAM	00:27:28	00:27:15	05:27
61	5265	ARTHUR GAIA		00:27:50	00:27:17	05:27
62	5282	LUIZ FELIPE VERGUEIRO COSTA		00:27:42	00:27:22	05:28
63	5278	FELIPE ALEXANDRE		00:27:47	00:27:28	05:29
64	5413	EMILIO RIDEO SHIMADA	FACE RUNNERS	00:27:38	00:27:35	05:30
65	5325	RUAN ISMAEL DOS REIS SANTOS		00:27:51	00:27:38	05:31
66	5323	ANTONIO ALUISIO DOS SANTOS C	TURMA DA PIPOCA TAUB	00:28:19	00:27:41	05:31
67	5299	JULIAN FERNANDO ALVES PEREIR	ESPERA EU	00:29:36	00:27:44	05:32
68	5435	NELTO JOSE DE PAULA		00:27:58	00:27:54	05:34
69	5295	TIAGO SANTOS MAIA	SUPERA COMUNICACAO	00:30:05	00:27:56	05:34
70	5311	CRISTIANO EDVALDO PEREIRA		00:28:08	00:28:00	05:36
71	5502	NICOLAS MOISES CRUZ SALVADOR	ADC - INPE	00:28:24	00:28:07	05:37
72	5459	GERALDO ATLETA DE OLIVEIRA C	PREFEITURA DE ALUMIN	00:28:14	00:28:10	05:37
73	5259	GABRIEL SANTORO CISCATO FERR		00:30:08	00:28:14	05:38
74	5387	PEDRO FERREIRA DOS REIS	FACE RUNNERS	00:28:54	00:28:16	05:39
75	5458	PAULO MARIA DOS SANTOS		00:28:40	00:28:25	05:40
76	5326	MACKLY DA SILVA GUIMARAES	MACKLY	00:28:59	00:28:28	05:41
77	5409	ERICKSON ALMEIDA		00:30:48	00:28:31	05:42
78	5263	VINICIUS DA SILVA COUTO		00:28:41	00:28:32	05:42
79	5420	GIOVANNI GASPAR	INPE	00:29:02	00:28:44	05:44
80	5463	GERALDO CARLOS PEDROSA DE CA	PEDROSA	00:28:51	00:28:46	05:45
81	5400	CRISTIANO ALEXANDRE DE OLIVE		00:28:56	00:28:49	05:45
82	5310	DERICK MUNHOZ GARCIA		00:29:12	00:28:49	05:45
83	5269	VINICIUS AUGUSTO DE SOUZA		00:29:04	00:28:58	05:47
84	5415	RONALDO JOSE DA SILVA		00:29:14	00:29:02	05:48
85	5462	MARCOS AURELIO MAXIMO	#ASSEN RUNNING	00:32:17	00:29:02	05:48
86	5291	LUCAS TEIXEIRA PEDROSA		00:29:11	00:29:04	05:48
87	5398	PAULO ROBERTO NUNES	QUICK RUNNERS	00:29:13	00:29:07	05:49
88	5376	DAVID HEDSON SILVA	FOCUS	00:30:12	00:29:11	05:49
89	5302	DANILO SARDINHA DA SILVA		00:29:22	00:29:13	05:50
90	5321	ALBERT DOUGLAS DE MELO		00:29:43	00:29:24	05:52
91	5423	EXPEDITO MARCELINO FREITAS	AMIGOS RUNNERS	00:29:36	00:29:29	05:53
92	5260	RUBEM NOGUEIRA NETO	GRUPO DE CORRIDA PE	00:31:14	00:29:31	05:54
93	5300	LUAN RIBEIRO FERREIRA		00:29:48	00:29:41	05:55
94	5343	ANDRE MOTA LOURENCO DE CARVA	ANDRE	00:29:55	00:29:44	05:56
95	5399	ROGERIO APARECIDO FERREIRA	FACE RUNNERS	00:29:57	00:29:45	05:57
96	5288	WEBER CASTILHO		00:29:59	00:29:49	05:57
97	5401	ANDRE LUIZ CANDIDO DA SILVA		00:30:49	00:30:21	06:04
98	5428	HELTON BENEDITO PORFIRIO DE	HELTON BENEDITO PORF	00:30:50	00:30:39	06:07
99	5436	GESSE ATANASIO	ALONE	00:31:49	00:30:43	06:08
100	5410	JEFERSON DE SOUZA		00:32:23	00:30:43	06:08
101	5393	JORGE ZARUR NETO		00:31:25	00:30:44	06:08
102	5318	SERGIO NOGUEIRA CINTRA JUNIO		00:36:23	00:30:47	06:09
103	5314	RAUL SILVERIO RAIMUNDO	ARREPIA CORREDOR	00:34:14	00:30:50	06:09
104	5418	RODNEY KOTESKY		00:30:57	00:30:53	06:10
105	5460	LEONARDO DO PRADO PINTO		00:31:05	00:30:54	06:10
106	5438	JOAO HENRIQUE PEREIRA DE SOU	FOCUS	00:31:56	00:30:54	06:10
107	5285	KAIQUE HENRIQUE DOS SANTOS		00:32:24	00:30:54	06:10
108	5468	PAULO AUGUSTO PRADA		00:31:24	00:30:56	06:10
109	5402	LEANDRO RODOLFO DA SILVA		00:31:17	00:31:03	06:12
110	5294	MARCOS COSTA PINTO		00:31:20	00:31:07	06:13
111	5478	VITOR JOSE DA SILVA	102 JUIZO	00:34:01	00:31:09	06:13
112	5432	LUIZ BARONE JUNIOR		00:36:20	00:31:11	06:13

113	5293	FELLIPE APARECIDO FERREIRA	PERPETUOSOCORRO	00:31:25	00:31:15	06:15
114	5475	JOELTON CLARO DOS SANTOS		00:31:30	00:31:29	06:17
115	5334	MARCELO DE SIQUEIRA SILVA		00:33:38	00:31:33	06:18
116	5461	AMAURI CESAR		00:37:03	00:31:33	06:18
117	5440	ANTONIO JORGE DA SILVALAGO		00:31:54	00:31:36	06:19
118	5466	ORLANDO BARROS PACHECO		00:31:55	00:31:44	06:20
119	5261	THIAGO FELIPE RAMOS CAETANO	DRA ROSE RAMOS	00:32:19	00:32:04	06:24
120	5272	BRUNO KENDY MATSUNO		00:32:20	00:32:07	06:25
121	5422	JOSE LUIS OVANDO	SUPERA COMUNICACAO	00:34:16	00:32:08	06:25
122	5479	ANTONIO ADEILDO REZENDE		00:32:47	00:32:11	06:25
123	5392	MARCELO AUGUSTO MARADEI		00:33:11	00:32:15	06:27
124	5363	WAGNER SILVA CARREIRO		00:32:56	00:32:20	06:27
125	5336	ALEXANDRE LEMES DINIZ	ESPERA EU	00:34:33	00:32:22	06:28
126	5352	LUCAS DE OLIVEIRA SALVADOR		00:32:49	00:32:25	06:28
127	5345	FERNANDO FERREIRA NAZARETH		00:32:57	00:32:38	06:31
128	5367	FABIANO AFONSO PINTO		00:33:36	00:32:39	06:31
129	5357	TIAGO FERNANDES DA SILVA		00:34:15	00:32:42	06:32
130	5365	PAULO HENRIQUE ALVES		00:33:31	00:32:46	06:33
131	5342	THIAGO MERZBAHER		00:34:09	00:32:48	06:33
132	5495	JOSE BARBOSA		00:38:46	00:32:49	06:33
133	5449	MARCOS ANTONIO ALVES DE OLIV		00:33:09	00:32:52	06:34
134	5362	FERNANDO AUGUSTO DA ROSA		00:35:42	00:32:53	06:34
135	5341	GUILHERME CARLINDO DA SILVA	EVEREST	00:38:32	00:32:53	06:34
136	5328	RAFAEL AKIO PIRES MIURA		00:38:32	00:32:53	06:34
137	5470	CARLOS AFONSO DE AVELAR LOPE		00:34:17	00:32:59	06:35
138	5442	RODOLFO ALMEIDA DA CRUZ	LOBO SOLITARIO	00:33:13	00:33:02	06:36
139	5443	JORGE LUIZ DA SILVA		00:33:25	00:33:16	06:39
140	5289	MARIO SALGADO RIBEIRO		00:34:08	00:33:43	06:44
141	5333	RODOLFO MORAES		00:34:24	00:33:43	06:44
142	5374	JEFFERSON DE CASSIA RODRIGUE		00:40:16	00:33:50	06:45
143	5430	TETSU GUNJI		00:35:08	00:33:55	06:46
144	5388	CRISTIANO CESAR DE ANDRADE D		00:34:34	00:34:05	06:48
145	5421	SEIZO YUI		00:35:46	00:34:38	06:55
146	5360	THIAGO SANTOS RIBEIRO	CUNZOLO ACQUA	00:37:38	00:34:43	06:56
147	5406	MARCOS CUNZOLO	CUNZOLO ACQUA	00:37:38	00:34:43	06:56
148	5486	JOSE BENEDITO SCARPEL	SCARPEL	00:36:03	00:35:24	07:04
149	5308	FABIO DE SOUZA PIANISSOLA	SUPERA COMUNICACAO	00:37:34	00:35:25	07:04
150	5379	EDUARDO HENRIQUE PEREIRA		00:41:29	00:35:27	07:05
151	5274	LUCAS NOGUEIRA MEDEIROS		00:35:42	00:35:35	07:06
152	5381	RAFAEL MACIEL LEITE	NONE	00:36:25	00:35:45	07:09
153	5485	ANTONIO TAKEMI TANAKA	RAPTORS	00:36:01	00:35:47	07:09
154	5444	JOSE DONIZETI QUINA DE SIQUE		00:38:52	00:35:49	07:09
155	5378	SIDNEY VIEIRA SARAIVA		00:38:37	00:35:53	07:10
156	5452	JOSE APARECIDO DE ANDRADE	RO PERSONAL	00:36:32	00:35:54	07:10
157	5426	ALEXANDRE LUIZ VARGAS DO ROS		00:36:15	00:35:59	07:11
158	5497	LUIZ MARCIO LOPES		00:36:10	00:36:00	07:12
159	5331	BRUNO FERREIRA DE SALLES		00:37:33	00:36:01	07:12
160	5454	WAGNER ROBSON FRIGGI		00:36:40	00:36:14	07:14
161	5424	GIOVANNI ETTORE NANNI		00:36:43	00:36:25	07:16
162	5257	MICAEL CESAR DO MONTE BEZERR		00:36:58	00:36:26	07:16
163	5451	GILSON ELIZIANO DA COSTA		00:37:06	00:36:50	07:21
164	5417	MARCELLO GATTI		00:37:42	00:36:59	07:23
165	5369	WILSON FERRANTE JR	PE NA RUA	00:38:51	00:37:05	07:24
166	5268	JOSE ROBERTO VIEIRA JUNIOR	CSI CORREDORES DE SA	00:37:22	00:37:11	07:25
167	5320	MELK TORRES DOS SANTOS		00:37:56	00:37:12	07:26
168	5501	DAMIAO MARTINS MARTOS	H2O STUDIO & PERSONA	00:37:22	00:37:16	07:27
169	5354	SERGIO JUNIOR		00:43:09	00:37:19	07:27
170	5481	WILSON TOMIZAWA		00:37:31	00:37:20	07:27
171	5297	MARCUS VINICIUS DE FARIA		00:38:31	00:37:23	07:28

172	5448	JOEL DE MOURA		00:38:01	00:37:24	07:28
173	5298	FELIPE AUGUSTO PAES DE GODOI		00:40:19	00:37:25	07:28
174	5403	SIDNEI MEDEIROS		00:37:43	00:37:36	07:31
175	5404	CLEVERSON CRISTIANO MOREIRA	EQUIPE CROSARIOL	00:38:30	00:37:36	07:31
176	5467	RICARDO INAGAKI		00:38:27	00:38:08	07:37
177	5358	PAULO ROSSI	PIETRO RUN	00:38:53	00:38:16	07:39
178	5457	EDGAR SCHINCARIOL JUNIOR		00:40:03	00:38:18	07:39
179	5287	DOUGLAS DIAS DE MACEDO		00:39:14	00:38:22	07:40
180	5441	CELIO BORTOLETTO	101 JUIZO	00:38:51	00:38:29	07:41
181	5416	ROBERTO WINKEL SCHNEIDER		00:41:47	00:38:55	07:46
182	5317	RUBIANO		00:39:47	00:38:57	07:47
183	5281	HEITOR MIRANDA MOREIRA		00:41:52	00:39:10	07:49
184	5499	DILERMANDO DE PAULA		00:39:49	00:39:35	07:54
185	5427	SANDRO OLIVEIRA	RUN VALLEY	00:40:18	00:39:36	07:55
186	5315	GILES FARIAS DIAS	ARREPIA CORREDOR	00:43:01	00:39:37	07:55
187	5377	PAULO BEZERRA DA SILVA		00:39:49	00:39:39	07:55
188	5490	JOAO CARLOS VERI	APVE/JAPRARUA	00:41:54	00:39:54	07:58
189	5348	MARIO SILVA		00:40:32	00:40:01	08:00
190	5364	RICHARD DOS SANTOS ROCHA		00:40:58	00:40:02	08:00
191	5267	YGOR MELO		00:40:32	00:40:19	08:03
192	5258	YVES DOS SANTOS ROMANO	CORREDORES DE JACARE	00:42:33	00:40:53	08:10
193	5474	EDIVALDO FERREIRA SANTOS	FRIENDS RUNNER	00:41:17	00:41:15	08:15
194	5312	FERNANDO GUIMARAES ROSA		00:42:10	00:41:46	08:21
195	5332	RICHARD DE PIERRO RIBEIRO		00:43:22	00:42:01	08:24
196	5483	LAERCIO PEDRO SANT ANNA	105 JUIZO	00:43:08	00:42:45	08:33
197	5276	VINICIUS OLIVEIRA DA SILVA	BARTO	00:44:30	00:43:48	08:45
198	5389	FERNANDO APARECIDO SILVERIO		00:44:44	00:43:55	08:46
199	5447	ELMO RAIMUNDO COSTA CHAGAS		00:44:43	00:44:34	08:54
200	5361	MICHAEL DOUGLAS DA SILVA		00:45:06	00:44:37	08:55
201	5350	LUIZ CARLOS CAMARGO JUNIOR		00:44:49	00:44:38	08:55
202	5372	DANIEL HEIJI UMEHARA	HEIJI	00:45:06	00:44:38	08:55
203	5472	CRISTOVAO MOREIRA DA SILVA	ADC INPE	00:45:20	00:44:46	08:57
204	5279	ROGER OLIVEIRA SILVA	VALENTE	00:54:22	00:44:58	08:59
205	5347	LUIZ F PERRELLA		00:45:44	00:45:16	09:03
206	5280	DAVID ALVES	CORREDORES DE JACARE	00:47:16	00:45:42	09:08
207	5484	JUAREZ CARDEAL DE MIRANDA	FACE RUNNERS	00:46:08	00:45:46	09:09
208	5498	MARCO ANTONIO FERREIRA DE BA		00:47:54	00:46:52	09:22
209	5384	FLAVIO CARVALHO PINTO FONTAN		00:49:31	00:47:25	09:28
210	5383	RICARDO DAVID MENDES MANGOLI	JOTA JR ESPORTES	00:47:42	00:47:33	09:30
211	5455	CARLOS HENRIQUE MOURA MISCOW		00:51:18	00:49:18	09:51
212	5489	JOSE CARLOS CAETANO		00:49:53	00:49:30	09:54
213	5487	ANTONIO JOAQUIM DA SILVA		00:53:06	00:52:34	10:30
214	5492	JEAN LOUIS SIMAL	NOVA FIT	00:56:26	00:53:06	10:37
215	5469	OSWALDO MOREIRA SILVA FILHO	FACE RUNNERS	00:55:20	00:55:02	11:00
216	5456	LUIZ MARCELO AMANTEA		01:01:32	00:58:01	11:36
217	5480	DOMINGOS SAVIO DOS REIS		01:02:41	01:02:01	12:24

5KM - PCD

COL.	N.ATLETA	ATLETA	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	1002	EDSON GONCALVES DA COSTA		00:12:45	00:12:45	02:33
2	1006	HENRY LUCAS NASCIMENTO		00:21:35	00:21:33	04:18
3	1004	FELIPPE LIMA PEREIRA		00:23:39	00:23:37	04:43
4	1001	ANTONIO ROMAO DA SILVA		00:26:00	00:26:00	05:12
5	1003	ENZO FELIPE MARTINS		00:33:20	00:33:20	06:39
6	1007	LARA VITORIA LANGNECK SANTIA		00:33:06	00:33:01	06:36
7	1005	GUILHERME DE ANDRADE DIONISI		00:47:30	00:47:26	09:28