

SUPER 5K - 1ª ETAPA (21/05/2017)

LISTA GERAL

::FEMININO::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	5156	RAQUEL KORBES	F	GERAL	1	ASSESSORIA DIEGO DAN	00:22:56	00:22:55	04:34
2	5203	JACQUELINE CATARINA FERNANDE	F	GERAL	2		00:23:09	00:23:08	04:37
3	5294	GABRIELA CRISTINA SANTOS MOR	F	GERAL	3	EQUIPE CROSARIOL	00:23:23	00:23:21	04:40
4	5277	ALEXANDRA DAMASIO LEFO	F	GERAL	4		00:23:29	00:23:27	04:41
5	5236	CRISTIANE GUILHERME DA SILVA	F	GERAL	5	PACERUN/ACADEMIA FUL	00:23:33	00:23:32	04:42
6	5321	ANALICE SALVANINI	F	F-35-39	1		00:24:03	00:24:01	04:48
7	5279	THELMA MOTA DE OLIVEIRA	F	F-35-39	2	FACERUNNERS	00:24:24	00:24:21	04:52
8	5128	FRANCISCA NO/LIA MARTINS DE	F	F-30-34	1	EQUIPE CROSARIOL	00:24:36	00:24:25	04:52
9	5136	LUCILENE RODRIGUES EMIDIO	F	F-30-34	2		00:24:49	00:24:46	04:57
10	5295	CANTIA HELENA BORGES	F	F-35-39	3	EMFORMA	00:24:58	00:24:55	04:58
11	5421	MAYNICA SANTOS DE ABREU AGUIA	F	F-45-49	1		00:25:17	00:25:10	05:01
12	5155	EVELYN FONSECA DE SOUZA	F	F-30-34	3	MT TEAM	00:25:20	00:25:13	05:02
13	5438	REGINA CELIA BUENO CUSTODIO	F	F-45-49	2	MOVER	00:25:44	00:25:41	05:07
14	5199	STELLA MARIS SOUSA DA SILVA	F	F-30-34	4	300TRIATHLON	00:26:31	00:26:16	05:15
15	5147	MARA MACEDO SOUZA	F	F-30-34	5		00:27:14	00:26:37	05:19
16	5181	MICHELE MARCONDES PEDROSO	F	F-30-34	6		00:26:51	00:26:40	05:19
17	5458	KATIA SIMONE MANCILHA	F	F-45-49	3	G&D RUNNERS	00:26:45	00:26:43	05:20
18	5417	DEBORA BARBOSA NORTE DANTAS	F	F-45-49	4	PITBULL	00:26:46	00:26:44	05:20
19	5314	IVONETE APARECIDA DA SILVA	F	F-35-39	4	CARLINHOS & MEDEIROS	00:26:53	00:26:52	05:22
20	5511	SYNIA MARA WESSOLLESKI	F	F-50+	1	EMFORMA	00:27:02	00:27:00	05:24
21	5068	KEILLA GRACE SILVA SANTOS	F	F-25-29	1		00:27:22	00:27:16	05:27
22	5362	RUTH MARY FERNANDES GONCALVE	F	F-40-44	1	EMFORMA	00:27:33	00:27:16	05:27
23	5474	CLAUDIA SOARES FERREIRA	F	F-45-49	5	AVULSO	00:27:43	00:27:34	05:30
24	5473	SANDRA EDNA DE PAULA	F	F-45-49	6		00:27:46	00:27:41	05:31
25	5247	ANA CLAUDIA MANFREDINI RAMIS	F	F-35-39	5		00:27:57	00:27:44	05:32
26	5259	JULIANA SOUZA DE LIMA	F	F-35-39	6		00:28:19	00:27:48	05:33
27	5073	PRISCILA LIMA	F	F-25-29	2	ASSESSORIA DIEGO DAN	00:28:32	00:28:02	05:36
28	5517	SILVIA REGINA SANTOS MATTOS	F	F-50+	2		00:28:11	00:28:08	05:37
29	5080	KARLA LEFO	F	F-25-29	3	#STEPHANOTEAM	00:28:31	00:28:17	05:39
30	5251	ANA PAULA CARNEIRO DE OLIVEI	F	F-35-39	7	MOVER	00:28:53	00:28:28	05:41
31	5419	ADRIANA VICENTIN PEZZATTI DE	F	F-45-49	7	ASSESSORIA DIEGO DAN	00:29:19	00:28:30	05:42
32	5213	VERONICA ARCANJO	F	F-30-34	7	EQUIPE CROSARIOL	00:28:37	00:28:31	05:42
33	5470	NIVIA CELESTINA TEIXEIRA	F	F-45-49	8	EQUIPE CROSARIOL	00:28:37	00:28:31	05:42
34	5312	CRISTIANE RENATA SAMPAIO	F	F-35-39	8	ASSESSORIA DIEGO DAN	00:29:41	00:28:36	05:43
35	5405	FERNANDA REGINA BERNARDES VI	F	F-40-44	2	JPARUA	00:29:02	00:28:37	05:43
36	5094	EMILY ALINE MAIOLINO	F	F-25-29	4		00:28:44	00:28:43	05:44
37	5164	CINTIA CRISTINA NICOLAU GOUV	F	F-30-34	8	MOVER	00:28:52	00:28:43	05:44
38	5076	ANA CAROLINA COUTINHO DE OLI	F	F-25-29	5	STEPHANO TEAM	00:29:02	00:28:48	05:45
39	5560	MARIA FATIMA DE PAIVA MAGALH	F	F-50+	3	MAGALHAES	00:28:54	00:28:53	05:46
40	5287	CYBELE AZEVEDO	F	F-35-39	9		00:29:26	00:29:00	05:48
41	5336	KATIA CRISTINA DE OLIVEIRA	F	F-40-44	3	JPARUA	00:29:30	00:29:06	05:49
42	5115	CLAUDIANE CARVALHO DE OLIVEI	F	F-30-34	9	ANDERSON CAMARGO PER	00:29:12	00:29:09	05:49
43	5521	HELENA CRISTINA CRUZ RUIZ	F	F-50+	4	JPARUA	00:29:39	00:29:12	05:50
44	5451	JOSIANE AQUIAR ANDRADE BARON	F	F-45-49	9		00:29:54	00:29:12	05:50
45	5411	RAINECI SOARES MUNIZ	F	F-40-44	4	STEPHANO TEAM	00:29:28	00:29:13	05:50
46	5161	GRACIELE DUARTE LISBOA RIBEI	F	F-30-34	10	STEPHANO TEAM	00:29:29	00:29:22	05:52
47	5384	DANIELLE MIRANDA DE SOUZA SI	F	F-40-44	5		00:29:32	00:29:22	05:52
48	5432	REGINA MAURA MORAES SAMPAIO	F	F-45-49	10	ASSESSORIA DIEGO DAN	00:30:33	00:29:28	05:53
49	5290	ARETUZA LIMA ROSSI RIBEIRO	F	F-35-39	10	SUPERA	00:30:04	00:29:29	05:53
50	5242	LUCILENE SILVERIO FERRER	F	F-35-39	11	AVULSO	00:30:15	00:29:34	05:54
51	5303	ADRIANA MARQUES ALVARENGA	F	F-40-44	6		00:30:09	00:29:36	05:55
52	5492	MARIA DE LOURDES DAS NEVES S	F	F-50+	5	ALFA OMEGA	00:29:51	00:29:37	05:55
53	5261	ANA LUCIA APARECIDA MACHADO	F	F-35-39	12		00:30:10	00:29:43	05:56
54	5382	ANA PAULA CERQUEIRA ROMANCIN	F	F-40-44	7	ESCOLA DE BOXE C.C.A	00:30:01	00:29:49	05:57
55	5130	MARCELA MOREIRA PENTEADO	F	F-30-34	11		00:30:13	00:29:52	05:58
56	5391	CRISTINA BUFFA	F	F-40-44	8		00:30:28	00:29:53	05:58
57	5159	DAIANA AGDA DOS SANTOS SILVA	F	F-30-34	12	ASSESSORIA DIEGO DAN	00:31:06	00:29:57	05:59
58	5371	ANG/LICA KUSAYAMA MAGALHES	F	F-40-44	9		00:30:25	00:30:00	06:00
59	5249	KARINA SATIKO TAMASHIRO RIBE	F	F-35-39	13	JPARUA	00:30:27	00:30:01	06:00
60	5192	FRANCIELLE CASSIA SOUZA DOS	F	F-30-34	13		00:30:47	00:30:01	06:00
61	5083	BARBARA PINHEIRO	F	F-25-29	6	ASSESSORIA DIEGO DAN	00:30:49	00:30:11	06:01
62	5098	ALESSANDRA SANTOS DE AZEVEDO	F	F-25-29	7		00:30:37	00:30:30	06:06
63	5207	DANIELA LEIKO SATO	F	F-35-39	14	4RUN ASSESSORIA ESPO	00:31:18	00:30:34	06:06
64	5266	YANINA SCHREIER	F	F-35-39	15		00:31:10	00:30:35	06:06
65	5366	MARIA EDVYNIA PAIVA LEITE	F	F-40-44	10	JONSON CLUBE	00:30:44	00:30:40	06:07
66	5479	MARIA MARQUES	F	F-50+	6	FACERUNNERS	00:30:57	00:30:45	06:09
67	5198	JULIANE RODRIGUES	F	F-30-34	14	ASSESSORIA DIEGO DAN	00:31:55	00:30:56	06:10
68	5254	CAROLINA SIQUEIRA ALVES VIEI	F	F-35-39	16		00:31:32	00:31:03	06:12
69	5520	MARTA	F	F-50+	7	ASSESSORIA DIEGO DAN	00:31:55	00:31:04	06:12
70	5437	MARA XAVIER DA SILVA	F	F-45-49	11		00:31:17	00:31:09	06:13
71	5445	ROSELI SANTANA MORI	F	F-45-49	12		00:32:11	00:31:12	06:14
72	5230	MARLIA ALVES DE OLIVEIRA	F	F-35-39	17		00:31:58	00:31:16	06:15
73	5278	LUCIANE DO NASCIMENTO DE SOU	F	F-35-39	18		00:31:25	00:31:18	06:15

74	5504	CLAUDIA MANGINI	F	F-50+	8	ASSESSORIA DIEGO DAN	00:32:28	00:31:26	06:16
75	5426	REJANE MACIEL RAAD	F	F-45-49	13	ASSESSORIA ESPORTIVA	00:31:50	00:31:38	06:19
76	5262	ELENILDA DE OLIVEIRA LEITE	F	F-35-39	19	4RUN ASSESSORIA ESPO	00:31:52	00:31:44	06:20
77	5182	MARIANA ANDRADE LEMONGE	F	F-30-34	15		00:32:01	00:31:44	06:20
78	5281	MARC/LY TOSTES DE CASTRO	F	F-35-39	20		00:32:00	00:31:45	06:21
79	5478	MARIA ROSIMARY VINHAS LESSA	F	F-45-49	14		00:32:30	00:32:12	06:26
80	5183	NADIR HELENA LEITE DE SOUSA	F	F-30-34	16		00:32:29	00:32:13	06:26
81	5033	VERONICA RODRIGUES JULIÃO	F	F-20-24	1		00:32:41	00:32:18	06:27
82	5127	ELLEN CRISTINA OTTO DE MATOS	F	F-30-34	17	ID GESTÃO ESPORTIVA	00:33:18	00:32:18	06:27
83	5315	CLAUDELYNE PADOVANI	F	F-35-39	21	EMFORMA	00:32:32	00:32:23	06:28
84	5493	MARIA MARTA DE CARVALHO GUER	F	F-50+	9		00:32:33	00:32:24	06:28
85	5166	MARISA VIEIRA	F	F-30-34	18	PERNINHA DE GRILLO	00:32:58	00:32:28	06:29
86	5508	RENATA GARCIA DE SOUZA BONIL	F	F-50+	10		00:32:45	00:32:29	06:29
87	5414	CASSIA REGINA RAMOS FERNANDE	F	F-40-44	11	CIA ATLETICA	00:32:48	00:32:35	06:30
88	5304	KLEBIA MARIA DE OLIVEIRA	F	F-40-44	12	JPARUA	00:33:20	00:32:55	06:34
89	5244	DANIELA FONSECA OLIVEIRA KOM	F	F-35-39	22	HUBNER	00:33:09	00:32:59	06:35
90	5204	DANIELA MICHELE SANTOS NEVES	F	F-30-34	19		00:34:26	00:33:00	06:36
91	5453	MARCIA APARECIDA RAMOS DE OL	F	F-45-49	15		00:33:08	00:33:03	06:36
92	5187	CAMILA RAMOS	F	F-30-34	20	JPARUA	00:33:29	00:33:03	06:36
93	5487	DEISE ANTUNES DE LIMA	F	F-50+	11	ALFA RUNNERS	00:33:23	00:33:13	06:38
94	5307	RENATA MONTEIRO MIRANDA AYAB	F	F-35-39	23	ASSESSORIA DIEGO DAN	00:34:10	00:33:19	06:39
95	5533	MARIA DE FATIMA CARDOSO	F	F-50+	12	JPARUA	00:33:45	00:33:23	06:40
96	5153	THATIANE MARTINS GONÇALVES	F	F-30-34	21		00:33:57	00:33:26	06:40
97	5463	MARIA DE FATIMA RAMOS MATIAS	F	F-45-49	16	FACERUNNERS	00:34:05	00:33:32	06:42
98	5276	ROSELI EMBOAVA	F	F-35-39	24	ADC DOW PINDA	00:34:08	00:33:35	06:42
99	5537	LUCR/CIA APARECIDA REBELO	F	F-50+	13		00:34:10	00:33:42	06:44
100	5452	PAULA SERAGGI	F	F-45-49	17	LIQUIDO	00:33:54	00:33:43	06:44
101	5563	NEIDE HASHIMOTO	F	F-50+	14		00:34:33	00:33:44	06:44
102	5522	ELINE QUINTANILHA DA FONSECA	F	F-50+	15	MOVER	00:34:08	00:33:55	06:46
103	5144	DANIELI CAMPOS	F	F-30-34	22	STEPHANO TEAM	00:34:12	00:33:56	06:46
104	5257	LILIAN PEREZ	F	F-35-39	25		00:34:32	00:34:01	06:48
105	5306	SUSAN APARECIDA BUENO VIEIRA	F	F-40-44	13	JPARUA	00:34:27	00:34:02	06:48
106	5107	NATHLIA NOGUEIRA	F	F-25-29	8		00:34:50	00:34:05	06:48
107	5055	THAIS NATIVIDADE DA SILVA	F	F-25-29	9		00:34:42	00:34:11	06:49
108	5322	GISLENE QUERES DA SILVA	F	F-35-39	26		00:34:51	00:34:20	06:51
109	5578	MARIA JOS/ DOS SANTOS	F	F-50+	16		00:34:30	00:34:21	06:52
110	5046	MARIANA BARBARA RENÉ	F	F-25-29	10	ASSESSORIA ESPORTIVA	00:35:34	00:34:22	06:52
111	5056	J/SSICA DANILA CRISOSTI LEON	F	F-25-29	11		00:35:34	00:34:22	06:52
112	5577	ELIZABETH ARNOLD DE FREITAS	F	F-50+	17		00:35:02	00:34:30	06:54
113	5235	CHRISTIANE CARVALHO TORRES P	F	F-35-39	27		00:35:12	00:34:31	06:54
114	5188	PATRACIA CRISTINA FRANCELINO	F	F-30-34	23	MOVER	00:34:58	00:34:33	06:54
115	5361	KARLA KARINA SANTANA VAZ POR	F	F-40-44	14	EMFORMA	00:35:23	00:34:42	06:56
116	5441	CLAUDINEA LANZILOTTI MOREIRA	F	F-45-49	18		00:34:51	00:34:43	06:56
117	5601	IRENE SIMIÉS DE AGUIAR	F	F-50+	18		00:35:04	00:34:43	06:56
118	5352	DEBORA REDONDO	F	F-40-44	15	CIA ATLETICA	00:35:27	00:34:49	06:57
119	5373	PATRACIA DA COSTA MANSO LIMA	F	F-40-44	16	4RUN ASSESSORIA ESPO	00:35:41	00:34:56	06:58
120	5184	KARINA BARCELOS BRANDÃO BERN	F	F-30-34	24	ASSESSORIA DIEGO DAN	00:35:55	00:34:56	06:58
121	5081	JULIANA RODRIGUES DE PAULA	F	F-25-29	12		00:35:16	00:34:59	06:59
122	5195	NATALIA RIBEIRO FREITAS	F	F-30-34	25		00:35:24	00:35:00	07:00
123	5333	ANA PAULA BORDEIRA FERNANDES	F	F-40-44	17	ASSESSORIA DIEGO DAN	00:36:03	00:35:04	07:00
124	5550	ELISABETE CARIA MORAES	F	F-50+	19		00:35:26	00:35:06	07:01
125	5536	NINON ROSE SOARES DOS SANTOS	F	F-50+	20		00:36:26	00:35:06	07:01
126	5288	ROSANE KIELT SCHMUTZLER	F	F-35-39	28		00:35:31	00:35:12	07:02
127	5026	LAURA SATTELMAYER APOLINARIO	F	F-20-24	2	TAF RUNNERS	00:35:46	00:35:13	07:02
128	5546	JOANNE LIU	F	F-50+	21	HUBNER	00:36:15	00:35:13	07:02
129	5104	PATRICIA NASCIMENTO LIMA	F	F-30-34	26	EQUIPE CROSARIOL	00:35:38	00:35:19	07:03
130	5547	ELISABETE DA CONCEIÇÃO MENDE	F	F-50+	22	TAF RUNNERS	00:35:41	00:35:23	07:04
131	5350	SIMONE GOBO BARCELLOS	F	F-40-44	18	CIA ATLETICA SJC	00:35:48	00:35:26	07:04
132	5516	KATIA REGINA DE FREITAS	F	F-50+	23		00:36:39	00:35:27	07:05
133	5086	DANIELA PINTO COTRIM LEITE D	F	F-25-29	13		00:36:32	00:35:31	07:06
134	5170	RENATA CRISTIANE DOS SANTOS	F	F-30-34	27	EMFORMA	00:36:15	00:35:33	07:06
135	5524	LUCIMARY REYES GUERREIRO GON	F	F-50+	24		00:36:13	00:35:46	07:09
136	5157	ALINE S NASCIMENTO	F	F-30-34	28	HUBNER	00:36:55	00:35:50	07:09
137	5385	LUCIANA CARLA PINHO BEREZUTC	F	F-40-44	19	CORREDORES DA ZONA N	00:36:24	00:36:09	07:13
138	5030	AMANDA DA PENHA OVANDO	F	F-20-24	3		00:36:27	00:36:11	07:13
139	5383	SILVIA REIS	F	F-40-44	20	EMFORMA	00:36:29	00:36:11	07:13
140	5435	ADRIANA HELENA MARTINS	F	F-45-49	19	4RUN ASSESSORIA ESPO	00:37:22	00:36:24	07:16
141	5483	MARIA DAISY NOBREGA GUIMARAE	F	F-45-49	20		00:37:29	00:36:29	07:17
142	5169	PALUMA CARVALHO CATERINA	F	F-30-34	29	EMFORMA	00:37:16	00:36:30	07:18
143	5072	MARINA RIBEIRO	F	F-25-29	14	ASSESSORIA DIEGO DAN	00:37:11	00:36:33	07:18
144	5014	CLAUDIA RAMOS MATIAS	F	F-20-24	4	FACERRUNNERS/CORE SPO	00:37:16	00:36:43	07:20
145	5067	KAREN PALFÇIO DE ALMEIDA	F	F-25-29	15		00:37:33	00:36:46	07:21
146	5365	SYLVIA LEONOR TAMEGA NEGRE	F	F-40-44	21		00:37:08	00:36:51	07:22
147	5472	CARLA SANTORO CISCATO FERREI	F	F-45-49	21		00:37:26	00:36:51	07:22
148	5042	NATHLIA SANTOS DINIZ	F	F-20-24	5		00:37:09	00:36:52	07:22
149	5394	ANA LUCIA NASCIMENTO GRAMARI	F	F-40-44	22	STEFANO GUERRA	00:37:15	00:37:00	07:24
150	5024	RAFAELA DOS SANTOS PINTO	F	F-20-24	6	DECATHLON	00:37:38	00:37:01	07:24
151	5436	CLAUDIA SOUZA	F	F-45-49	22		00:37:53	00:37:06	07:25

152	5532	MIRIAM FILLINGER DE FREITAS	F	F-50+	25		00:37:28	00:37:07	07:25
153	5273	SIMONE FELOMENA CARVALHO SAN	F	F-35-39	29	EMFORMA	00:37:58	00:37:17	07:27
154	5201	ERIKA CRISTINA SALGADO CONEJ	F	F-30-34	30		00:38:14	00:37:22	07:28
155	5297	D/BORA MENDONÇA RODRIGUES GA	F	F-35-39	30		00:37:48	00:37:27	07:29
156	5131	NATALIA JUSTINO SILVEIRA	F	F-30-34	31		00:37:49	00:37:27	07:29
157	5139	NÁJELA KARINE MELO REZENDE	F	F-30-34	32	MOVER	00:38:02	00:37:35	07:30
158	5610	WILMA MARIA DE OLIVEIRA RODR	F	F-40-44	23	CIA ATHLETICA	00:38:25	00:37:41	07:31
159	5186	MARÁLIA APARECIDA DOS SANTOS	F	F-30-34	33		00:38:55	00:37:42	07:32
160	5105	FERNANDA AVELINO MONTEIRO G	F	F-25-29	16		00:39:26	00:37:48	07:33
161	5514	MARIA DA GUIA DA NATIVIDADE	F	F-50+	26		00:38:31	00:38:00	07:36
162	5410	REJANE AP COSTA FERREIRA	F	F-45-49	23	EMFORMA	00:38:41	00:38:02	07:36
163	5253	ELLEN YOSHIE SUDO LUTIF	F	F-35-39	31		00:38:38	00:38:03	07:36
164	5337	SANNY FONSECA MASTANDRRA	F	F-40-44	24	ASSESSORIA DIEGO DAN	00:39:09	00:38:05	07:36
165	5501	ERIKA LULAI	F	F-50+	27		00:39:11	00:38:35	07:42
166	5246	FERNANDA CASTRO GOMES DE SOU	F	F-35-39	32	ASSESSORIA DIEGO DAN	00:39:44	00:38:42	07:44
167	5331	SARA REGINA CASTANEHIRAS FER	F	F-35-39	33	CIA ATHLETICA	00:39:59	00:38:44	07:44
168	5160	NATALIE MARSON DANTAS	F	F-30-34	34		00:39:24	00:38:51	07:46
169	5400	ADRIANA TRUYTS OTTOBONI	F	F-40-44	25	HUBNER	00:39:59	00:38:53	07:46
170	5434	SILVIA APARECIDA HELFSTEIN	F	F-45-49	24	HUBNER	00:39:58	00:38:55	07:46
171	5500	MARIA RONEIDE TEODORO DA SIL	F	F-50+	28	EMFORMA	00:39:42	00:39:02	07:48
172	5197	ALESSANDRA ALVES RIBEIRO	F	F-30-34	35	EMFORMA	00:39:43	00:39:02	07:48
173	5260	CAMILA ARANTES	F	F-35-39	34	ASSESSORIA DIEGO DAN	00:40:11	00:39:09	07:49
174	5059	JESSICA DIAS SANTOS	F	F-25-29	17		00:39:32	00:39:10	07:49
175	5039	FLÁVIA FERREIRA	F	F-20-24	7	ASSESSORIA DIEGO DAN	00:40:15	00:39:12	07:50
176	5271	JULIANA VALENTE CALEGÃO	F	F-35-39	35	ASSESSORIA DIEGO DAN	00:40:22	00:39:12	07:50
177	5444	MIRELLA DALLA TORRE	F	F-45-49	25		00:39:57	00:39:14	07:50
178	5481	LEONICE APARECIDA MONTEIRO	F	F-50+	29	MOVER	00:40:38	00:39:30	07:54
179	5289	MARIANA CREMÊN	F	F-35-39	36		00:40:11	00:39:35	07:54
180	5300	GABRIELA CASTILHO HOLANDA MO	F	F-35-39	37		00:40:11	00:39:35	07:54
181	5075	TUANE DE PAULA CARDOSO	F	F-25-29	18	JPARUA	00:40:07	00:39:42	07:56
182	5269	SIMONE FELIPE DA SILVA	F	F-35-39	38	JPARUA	00:40:07	00:39:43	07:56
183	5330	RENATA TERUMI TOKUNAGA	F	F-40-44	26	CIA ATHLETICA	00:40:06	00:39:46	07:57
184	5568	MARIA APARECIDA FERREIRA TEI	F	F-50+	30	MXS	00:40:48	00:39:50	07:57
185	5531	MARIA DOLORES NÁCOLAS LOPEZ	F	F-50+	31	FACE RUNNERS	00:40:18	00:39:54	07:58
186	5241	CECILIA DE OLIVEIRA CESAR	F	F-35-39	39		00:40:46	00:39:58	07:59
187	5540	DENISE APARECIDA MASSA GIACO	F	F-50+	32	CIA ATHLETICA	00:40:21	00:40:01	08:00
188	5353	VANDERLEIA RONCONI REZENDE	F	F-40-44	27	CIA ATHLETICA	00:40:28	00:40:09	08:01
189	5045	NATÁLIA DE OLIVEIRA LOPES MA	F	F-25-29	19		00:40:41	00:40:13	08:02
190	5211	LILIAN NOGUEIRA	F	F-30-34	36		00:41:10	00:40:20	08:03
191	5357	ANDR/A F. RODRIGUES SARMENTO	F	F-40-44	28		00:40:26	00:40:21	08:04
192	5319	LUCIANA LOFFREDO	F	F-40-44	29		00:40:56	00:40:21	08:04
193	5485	LÚCIA FERREIRA LIMA GRANATO	F	F-50+	33	EMFORMA	00:41:03	00:40:21	08:04
194	5119	THAIS FERREIRA	F	F-30-34	37		00:41:17	00:40:50	08:09
195	5298	CAROLINE OYAMA	F	F-35-39	40		00:41:42	00:40:50	08:09
196	5549	GENI DE SIQUEIRA CARDOSO	F	F-50+	34		00:41:08	00:40:53	08:10
197	5010	VITORIA MARIA FIOD RIBEIRO D	F	F-14-19	1		00:41:22	00:41:04	08:12
198	5165	LETICIA VIEIRA	F	F-30-34	38	ID GESTÃO ESPORTIVA	00:42:08	00:41:06	08:13
199	5594	MARIA BERNADETE FARIA NOGUEI	F	F-50+	35	ASSESSORIA DIEGO DAN	00:42:13	00:41:06	08:13
200	5368	BIANCA CANELAS	F	F-40-44	30	ASSESSORIA DIEGO DAN	00:42:13	00:41:07	08:13
201	5180	NATALIA PEREIRA AMORIM	F	F-30-34	39	HUBNER	00:42:19	00:41:11	08:13
202	5163	BÁRBARA FONSECA DA ROCHA	F	F-30-34	40	SUPERA	00:41:30	00:41:12	08:14
203	5047	LARISSA TAIANE BENEVIDES DE	F	F-25-29	20		00:41:37	00:41:20	08:15
204	5114	DANATIZA VIEIRA	F	F-30-34	41		00:41:39	00:41:20	08:15
205	5109	ROSYLANE GONÁLVES	F	F-25-29	21		00:41:50	00:41:20	08:15
206	5206	ERICA COELHO FERREIRA	F	F-30-34	42	HUBNER	00:42:22	00:41:20	08:15
207	5082	LETÁCIA ESPÓSITO BORGES	F	F-25-29	22	AF RUNNERS	00:42:40	00:41:27	08:17
208	5404	ELIANA NISHIMURA	F	F-40-44	31	AF RUNNERS	00:42:41	00:41:28	08:17
209	5324	DUCIMARA SOUZA DE OLIVEIRA S	F	F-40-44	32		00:42:43	00:41:43	08:20
210	5311	CLARICE ACELINA DOS ANJOS	F	F-35-39	41	ASSESSORIA DIEGO DAN	00:42:43	00:41:46	08:21
211	5123	AMANDA CRISTINA DA SILVA REI	F	F-30-34	43	ASSESSORIA DIEGO DAN	00:43:01	00:41:50	08:21
212	5234	RENATA JOS/ LIMA BORGES	F	F-35-39	42	MXS	00:42:48	00:41:57	08:23
213	5205	SIMONE MANZATTI ZAMBRONI	F	F-30-34	44	ASSESSORIA DIEGO DAN	00:43:44	00:42:16	08:27
214	5585	MARIA APARECIDA ALVES GODINH	F	F-50+	36	CIA ATHLETICA	00:42:47	00:42:27	08:29
215	5440	ANDR/A DE SOUSA SILVEIRA SIL	F	F-45-49	26	ID GESTÃO ESPORTIVA	00:43:28	00:42:27	08:29
216	5553	MARIA DENISE NOBREGA GUIMARA	F	F-50+	37		00:43:42	00:42:42	08:32
217	5087	SOLANGE APARECIDA DOS SANTOS	F	F-25-29	23		00:43:25	00:42:48	08:33
218	5390	CRISTIANI DE SIQUEIRA BARBOS	F	F-40-44	33		00:43:50	00:42:51	08:34
219	5388	ARETUSA MARCIA DE SOUZA	F	F-40-44	34		00:43:50	00:43:02	08:36
220	5141	KARINA MARTINOLLI DOS SANTOS	F	F-30-34	45	MXS	00:44:05	00:43:08	08:37
221	5108	DANIELLA SILVA FARIA	F	F-25-29	24		00:44:35	00:43:10	08:37
222	5459	ELIANE BALDUINO DA SILVEIRA	F	F-45-49	27		00:43:55	00:43:12	08:38
223	5174	VANESSA CHIARANI	F	F-30-34	46		00:43:56	00:43:14	08:38
224	5528	IZABEL GARCIA DOS SANTOS	F	F-50+	38		00:44:22	00:43:26	08:40
225	5589	SONIA MARIA SOUZA ZANONI	F	F-50+	39		00:44:01	00:43:28	08:41
226	5600	HILEIA MARIA SARLI DE CAMPOS	F	F-50+	40		00:44:45	00:43:33	08:42
227	5455	CRISTINA APARECIDA LEITE DOS	F	F-45-49	28	ID GESTÃO ESPORTIVA	00:44:45	00:43:44	08:44
228	5142	VANDERLEIA GRANATO THEODORO	F	F-30-34	47	ID GESTÃO ESPORTIVA	00:44:45	00:43:44	08:44
229	5066	PAULA MORAES DE FREITAS OLIV	F	F-25-29	25		00:44:33	00:44:13	08:50

230	5191	JULIANA PASSOS PIMENTEL	F	F-30-34	48	ID GESTÃO ESPORTIVA	00:45:57	00:44:42	08:56
231	5025	MARIANA TAMEGA ESCOCARD	F	F-20-24	8		00:45:08	00:44:52	08:58
232	5063	LIVIA JULIÃO PAIVA VIEIRA DA	F	F-25-29	26		00:46:23	00:45:38	09:07
233	5145	BRUNA CRISTINA DOS SANTOS	F	F-30-34	49	STEPHANO TEAM	00:46:49	00:45:39	09:07
234	5120	LUANA CRISTINA ALVES RODRIG	F	F-30-34	50	ASSESSORIA DIEGO DAN	00:46:57	00:45:48	09:09
235	5168	FLAVIA KARINA DOS SANTOS	F	F-30-34	51	EMFORMA	00:46:28	00:46:11	09:13
236	5486	JANETE SILVA JULIÃO DE SOUZA	F	F-50+	41		00:47:17	00:46:31	09:18
237	5342	LUCIANA APARECIDA DA SILVA B	F	F-40-44	35		00:47:43	00:46:35	09:18
238	5112	FLAVIA ALVES DE FONSECA	F	F-25-29	27	HUBNER	00:47:50	00:46:43	09:20
239	5372	PAULA ANDREIA FRANCO ACUNA	F	F-40-44	36	CIA ATLETICA	00:48:21	00:47:05	09:24
240	5318	LUCIANA SANEFUJI BRAZ	F	F-35-39	43	FACERUNNERS	00:48:06	00:47:09	09:25
241	5049	BRUNA ALVES MORAES	F	F-25-29	28	ID GESTÃO ESPORTIVA	00:48:16	00:47:13	09:26
242	5416	PATRICIA DE SOUZA AGUIAR	F	F-45-49	29	ASSESSORIA DIEGO DAN	00:47:46	00:47:16	09:27
243	5608	ARLETE AGUIAR	F	F-50+	42	ASSESSORIA DIEGO DAN	00:47:54	00:47:26	09:28
244	5359	ADRIANA RANGEL GOMES	F	F-40-44	37	ID GESTÃO ESPORTIVA	00:48:35	00:47:33	09:30
245	5363	FERNANDA	F	F-40-44	38		00:48:03	00:47:40	09:31
246	5091	GABRIELA VIEIRA GOULART	F	F-25-29	29	MXS	00:49:02	00:48:07	09:37
247	5454	ROSÂNGELA APARECIDA DE SOUZA	F	F-45-49	30	MXS	00:49:05	00:48:37	09:43
248	5227	DAYANE CHAVES SANTOS	F	F-30-34	52	HUBNER	00:50:32	00:49:23	09:52
249	5561	IRANY AP.PIERGALLINI	F	F-50+	43		00:50:00	00:49:38	09:55
250	5209	VERÔNICA PEREIRA DA SILVA MO	F	F-30-34	53		00:52:17	00:50:09	10:01
251	5248	CELIA DE LOURDES PEREIRA	F	F-35-39	44		00:52:18	00:50:10	10:01
252	5457	ROSELI BORCHI SILVA CARDOSO	F	F-45-49	31		00:51:11	00:50:49	10:09
253	5569	ANA LUCIA PASSOS PIMENTEL	F	F-50+	44	ID GESTÃO ESPORTIVA	00:52:34	00:51:18	10:15
254	5480	MIRTES DE SOUZA	F	F-45-49	32	ASSESSORIA DIEGO DAN	00:55:54	00:54:46	10:57
255	5015	ISABELA CRISTINA VIRGILIO SA	F	F-20-24	9		00:55:42	00:55:29	11:05

SUPER 5K - 1ª ETAPA (21/05/2017)

LISTA GERAL

::MASCULINO::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	5023	LEONARDO HELENO DE SOUZA NOG	M	GERAL	1	JOTA JR SPORTS	00:17:33	00:17:32	03:30
2	5004	ALEF DOS SANTOS CARLOS	M	GERAL	2	EQUIPE CROSARIOL	00:18:03	00:18:02	03:36
3	5016	WILSON ALVES DE ARAÚJO JUNIO	M	GERAL	3	COOOORRE	00:18:17	00:18:16	03:39
4	5345	MARCO AURELIO XAVIER	M	GERAL	4		00:18:21	00:18:20	03:39
5	5356	PEDRO FRANCISCO DOS SANTOS	M	GERAL	5	MOVER	00:19:36	00:19:35	03:54
6	5467	MANOEL MIRANDA NETO	M	M-45-49	1		00:19:44	00:19:43	03:56
7	5231	MARCO ANTONIO MACHADO DE BAR	M	M-35-39	1		00:19:51	00:19:49	03:57
8	5178	WELLINGTON LEVI ALVES	M	M-30-34	1	ASSESSORIA DIEGO DAN	00:19:59	00:19:58	03:59
9	5113	MARCUS HENRIQUE VICTOR JUNIO	M	M-25-29	1	ENERGY SPORT	00:20:02	00:20:00	04:00
10	5510	JOÃO BRAZ TEIXEIRA	M	M-50-54	1	EQUIPE CROSARIOL	00:20:08	00:20:03	04:00
11	5285	GERSON DA SILVA	M	M-35-39	2		00:20:06	00:20:05	04:00
12	5348	ANDERSON GOMES CALDERARO	M	M-40-44	1	SEVERIANO RUNNING TE	00:20:07	00:20:06	04:01
13	5398	PAULO SILVA LINO DOS SANTOS	M	M-40-44	2	CORRENDO COM F/	00:20:18	00:20:17	04:03
14	5367	GEORGE CARLOS DA SILVA	M	M-40-44	3	JOAO DO PULO	00:20:21	00:20:18	04:03
15	5018	LUCAS MENDES DE OLIVEIRA	M	M-20-24	1		00:20:37	00:20:26	04:04
16	5430	ROBSON CLODOALDO VIEIRA	M	M-45-49	2	FACERUNNERS	00:20:33	00:20:31	04:06
17	5027	GUSTAVO HENRIQUE DOMICIANO	M	M-20-24	2	ASSESSORIA DIEGO DAN	00:20:43	00:20:40	04:07
18	5308	MARCIO GOUVEIA	M	M-35-39	3	MOVER	00:20:50	00:20:48	04:09
19	5028	CLEYTON FERREIRA DE SOUSA	M	M-20-24	3		00:20:54	00:20:53	04:10
20	5079	DIEGO JUNIO MARCONDES VILAS	M	M-25-29	2		00:20:57	00:20:56	04:10
21	5034	WILLIAN AUGUSTO CAMARGO	M	M-20-24	4	NIKE	00:21:07	00:21:06	04:13
22	5280	FRANCISCO JOSE DA SILVA	M	M-35-39	4	RO PERSONAL	00:21:17	00:21:16	04:15
23	5050	LUCAS ALVES SOBRINHO	M	M-25-29	3	EQUIPE CROSARIOL	00:21:26	00:21:20	04:15
24	5220	ELDERSON SILVA	M	M-30-34	2		00:21:31	00:21:27	04:17
25	5313	LEONEL APARECIDO DA SILVA	M	M-35-39	5		00:21:38	00:21:27	04:17
26	5224	MAURICIO DA SILVA GUSMÃO	M	M-30-34	3	FACERUNNERS	00:21:37	00:21:36	04:19
27	5431	ADEMAR GERMANO MONTEIRO	M	M-45-49	3		00:21:45	00:21:43	04:20
28	5556	JOS/ DONIZETI DE ARAUJO	M	M-60+	1		00:21:51	00:21:46	04:21
29	5110	NICOLAS MAGNO RAMOS	M	M-25-29	4	ASSESSORIA DIEGO DAN	00:21:53	00:21:50	04:21
30	5317	EULER FERNANDES TIMÓTEO	M	M-35-39	6	GUILHERME GIL TEAM	00:22:12	00:22:06	04:25
31	5214	SERGIO MARXAL JUNIOR	M	M-30-34	4	SPEED RUN	00:22:10	00:22:07	04:25
32	5041	NICHOLAS YUKIO MENEZES SUGIM	M	M-20-24	5		00:22:19	00:22:11	04:25
33	5338	MARCELO DE MORAES MOTA	M	M-40-44	4	EQUIPE CROSARIOL	00:22:30	00:22:25	04:28
34	5375	EDSON VANDER SOARES	M	M-40-44	5	MEU BEBÔ	00:22:45	00:22:29	04:29
35	5332	OSEIAS DE PAULA RODRIGUES	M	M-40-44	6	ATLETAS DE CRISTO IP	00:22:46	00:22:42	04:32
36	5301	JOÃO PAULO RANGEL FREITAS	M	M-35-39	7	ASSESSORIA DIEGO DAN	00:23:18	00:22:51	04:34
37	5450	ANDRE PEREIRA DE PAULA	M	M-45-49	4	SÊ CORROSJC	00:23:01	00:22:58	04:35
38	5389	WANDERLEY SILVA	M	M-40-44	7		00:23:11	00:23:04	04:36
39	5538	JOAQUIM MENDES DOS SANTOS	M	M-55-59	1	HUBNER	00:23:13	00:23:10	04:37
40	5498	JUAREZ PASCOAL DA SILVA	M	M-50-54	2	FACE RUNNERS	00:23:18	00:23:14	04:38
41	5397	LUAS CLAUDIO MOREIRA MEDUZA	M	M-40-44	8		00:23:19	00:23:18	04:39
42	5135	DIEGO D. R. GONÇALVES	M	M-30-34	5	ASSESSORIA DIEGO DAN	00:23:41	00:23:21	04:40
43	5077	GILES FARIAS DIAS	M	M-25-29	5	MOVER	00:23:28	00:23:25	04:40
44	5588	GENARO DA CRUZ SANTOS	M	M-60+	2	VELOZES & FURIOSOS	00:23:28	00:23:27	04:41
45	5386	ATELMO FLORIANO	M	M-40-44	9		00:23:36	00:23:31	04:42
46	5238	RICARDO FERNANDES FARIA	M	M-35-39	8	HARD KICK	00:23:37	00:23:36	04:43
47	5167	MARCELO DOS SANTOS FEITOSA	M	M-30-34	6	GUILHERME GIL TEAM	00:23:45	00:23:39	04:43

48	5465	MIGUEL EL KOURI	M	M-45-49	5	MISTER KM / MIKAELA	00:23:51	00:23:46	04:45
49	5557	JOÃO FERREIRA LIMA	M	M-60+	3		00:23:52	00:23:47	04:45
50	5263	EDMARIO JOSE DOS SANTOS CHAG	M	M-35-39	9		00:23:55	00:23:48	04:45
51	5565	GABRIEL DOS PASSOS RAMOS	M	M-60+	4	FACERUNNER	00:23:55	00:23:54	04:46
52	5140	WELLINGTON LUIZ MARQUES DA S	M	M-30-34	7		00:24:05	00:24:00	04:48
53	5044	CRISTIAN LELIS DE SOUZA	M	M-25-29	6	HUBNER	00:24:06	00:24:00	04:48
54	5090	THIAGO MOLINARI DE ANDRADE A	M	M-25-29	7		00:24:16	00:24:00	04:48
55	5283	ROBINSON DA SILVA PEDROSO JV	M	M-35-39	10		00:24:21	00:24:09	04:49
56	5095	ALBERTO GRESSLER DOS SANTOS	M	M-25-29	8		00:24:29	00:24:10	04:49
57	5558	JOAO BATISTA DE OLIVEIRA	M	M-60+	5		00:24:12	00:24:11	04:49
58	5562	LUCELIO VITORIO CROSARIOL	M	M-60+	6	EQUIPE CROSARIOL	00:24:30	00:24:19	04:51
59	5418	ANTONIO MARIA DE SOUZA	M	M-45-49	6		00:24:26	00:24:22	04:52
60	5596	MARCOS ANTONIO DA SILVA	M	M-60+	7		00:24:25	00:24:23	04:52
61	5035	DENIS PINHEIRO LOPES DA SILV	M	M-20-24	6		00:24:31	00:24:24	04:52
62	5219	DAVID BATISTA PIO	M	M-35-39	11		00:24:33	00:24:29	04:53
63	5526	ALMIR DE CARVALHO	M	M-50-54	3	ALFA RUNNERS	00:24:39	00:24:29	04:53
64	5007	LUCAS RAMIRO COSTA DOS SANTO	M	M-14-19	1	CORREDORES DA ZONA N	00:24:46	00:24:30	04:54
65	5469	OLINDO LEMES GONÇALVES	M	M-45-49	7	ID GESTÃO ESPORTIVA	00:25:34	00:24:32	04:54
66	5582	MAURICIO ROBERTO DA SILVA	M	M-60+	8	FACERUNNERS	00:24:39	00:24:34	04:54
67	5593	ADAIL RODRIGUES DA SILVA	M	M-60+	9		00:24:40	00:24:35	04:54
68	5542	SILVIO DA COSTA	M	M-55-59	2	RAPTORS	00:24:44	00:24:36	04:55
69	5462	AGNALDO APARECIDO DE SOUZA	M	M-45-49	8		00:25:08	00:24:38	04:55
70	5099	SOCRATES PEREIRA RODRIGUES	M	M-25-29	9		00:24:53	00:24:45	04:57
71	5544	MOIS/S PIRES DA SILVA	M	M-55-59	3		00:25:13	00:24:51	04:58
72	5573	PAULO CESAR TEIXEIRA CHAVES	M	M-60+	10		00:26:00	00:24:54	04:58
73	5358	ELEAZAR SIMÕES LADISLAU	M	M-40-44	10	FACERUNNERS	00:25:07	00:25:03	05:00
74	5179	MICHAEL LOPES DOS SANTOS	M	M-30-34	8	HUBNER	00:26:13	00:25:03	05:00
75	5133	MATEUS PAIOTTI REBELO	M	M-30-34	9		00:25:12	00:25:05	05:00
76	5226	TIAGO AUGUSTO DE OLIVEIRA	M	M-35-39	12	BRASIL RUNNERS	00:25:40	00:25:09	05:01
77	5512	STEFAN LIU	M	M-50-54	4	HUBNER	00:25:25	00:25:10	05:01
78	5106	LUIZ HENRIQUE R. SANTOS	M	M-25-29	10		00:25:23	00:25:16	05:03
79	5334	MURILO SCHMUTZLER	M	M-40-44	11		00:25:41	00:25:23	05:04
80	5495	MARCO ANTONIO PIZANI DOMICIA	M	M-50-54	5		00:25:28	00:25:24	05:04
81	5316	WALTER CEZAR LEMES	M	M-35-39	13	ASSESSORIA DIEGO DAN	00:25:32	00:25:26	05:04
82	5448	MARCELO OSVALDIR ROCHA	M	M-45-49	9	EQUIPE RW	00:25:41	00:25:35	05:06
83	5490	JAIRO SALVADOR DE SOUZA	M	M-50-54	6		00:25:42	00:25:35	05:06
84	5425	RICHARD CLAUDIO CUSTODIO	M	M-45-49	10	MOVER	00:25:39	00:25:36	05:07
85	5122	BRUNO RODOLFO DE SOUZA TEIXE	M	M-30-34	10	ASSESSORIA DIEGO DAN	00:26:24	00:25:38	05:07
86	5581	JOS/ MARIA DOS REIS PAIVA	M	M-60+	11		00:25:53	00:25:39	05:07
87	5225	RODRIGO DA SILVA	M	M-35-39	14	ASSESSORIA ESPORTIVA	00:26:05	00:25:40	05:07
88	5477	RICARDO DE CASTRO	M	M-45-49	11		00:25:59	00:25:57	05:11
89	5491	ESTEVAM DE LIMA SAMPAIO	M	M-50-54	7	VELOZES E FURIOSOS	00:26:03	00:25:59	05:11
90	5379	LUCIANO RENATO DOS SANTOS	M	M-40-44	12		00:26:31	00:26:04	05:12
91	5100	PAULO SILVA	M	M-25-29	11	EQUIPE 100 JUAZO	00:26:18	00:26:07	05:13
92	5061	BRUNO WILLIAM DE SOUZA ANSEL	M	M-25-29	12	MXS	00:26:21	00:26:07	05:13
93	5146	LUCAS JUNIOR PEREIRA DA SILV	M	M-30-34	11	STEPHANO TEAM	00:26:16	00:26:10	05:13
94	5043	FELIPE PEREIRA FONSECA	M	M-20-24	7	TAF RUNNERS	00:26:45	00:26:11	05:13
95	5305	PAULO APARECIDO DA SILVA	M	M-35-39	15	JPARUA	00:26:42	00:26:18	05:15
96	5575	FRANCISCO DIAS DO NASCIMENTO	M	M-60+	12	VOANDO BAIXO	00:26:25	00:26:22	05:16
97	5539	GLAUCIO DE OLIVEIRA SILVA.	M	M-55-59	4		00:26:45	00:26:22	05:16
98	5310	RONALDO DA SILVA OLIVEIRA	M	M-40-44	13	MXS	00:27:19	00:26:22	05:16
99	5595	FILEMON AVALO DE CARVALHO	M	M-60+	13	STEFANOTEAM	00:26:39	00:26:23	05:16
100	5291	FELIPE SEABRA	M	M-35-39	16		00:26:33	00:26:27	05:17
101	5173	FAGNER ROBERTO FREITAS	M	M-30-34	12		00:26:41	00:26:32	05:18
102	5070	MATHEUS MATOS	M	M-25-29	13	ASSESSORIA DIEGO DAN	00:27:11	00:26:32	05:18
103	5243	FABIO MARTINHO CAMPOS	M	M-35-39	17	AVULSO	00:26:48	00:26:33	05:18
104	5507	NATAL DONIZETE LEITE	M	M-50-54	8	TRIBE OF RUNNERS	00:26:38	00:26:36	05:19
105	5347	EDNEI RAMIRO	M	M-40-44	14		00:26:53	00:26:37	05:19
106	5392	APOLÔNIO DOS SANTOS	M	M-40-44	15		00:26:47	00:26:38	05:19
107	5032	ALEF LINIKER ALVES	M	M-20-24	8	ASSESSORIA DIEGO DAN	00:27:21	00:26:42	05:20
108	5069	WILLIAM RAMOS DA SILVA BARBO	M	M-25-29	14	#MANIAKOSRUN	00:26:55	00:26:44	05:20
109	5343	EDSON VANDER DE PAULA	M	M-40-44	16		00:27:02	00:26:49	05:21
110	5374	JULIO CARMELO ROJAS RETOR JU	M	M-40-44	17		00:28:06	00:26:49	05:21
111	5489	MOIS/S C/SAR LEMES	M	M-50-54	9		00:27:03	00:26:53	05:22
112	5252	CARLOS AUGUSTO TEIXEIRA	M	M-35-39	18	MXS	00:27:49	00:26:54	05:22
113	5519	CARLOS ALBERTO FRANGO	M	M-50-54	10	TAF RUNNERS	00:27:18	00:26:59	05:23
114	5597	VALDOMIRO ALMEIDA DE OLIVEIR	M	M-60+	14	FAMILIA OLIVEIRA	00:27:16	00:27:11	05:25
115	5221	DANIEL LUIZ BATISTA	M	M-35-39	19	ADC DOW PINDA	00:27:47	00:27:14	05:26
116	5529	WASHINGTON LUIZ DOS SANTOS J	M	M-50-54	11		00:28:59	00:27:18	05:27
117	5208	HUGO LEONARDO BARBOSA DE OLI	M	M-35-39	20		00:27:53	00:27:22	05:28
118	5346	ANDERSON COSTA DOS SANTOS	M	M-40-44	18	CORREDORES DA ZONA N	00:27:39	00:27:23	05:28
119	5232	ROBSON APARECIDO DE OLIVEIRA	M	M-35-39	21	MOVER	00:28:10	00:27:27	05:29
120	5584	JERONIMO G SOUZA	M	M-60+	15	HUBNER	00:27:41	00:27:37	05:31
121	5051	GUILHERME LERIN PEDRO	M	M-25-29	15		00:27:51	00:27:39	05:31
122	5396	PAULO HENRIQUE DE LIMA	M	M-40-44	19	4RUN	00:28:26	00:27:41	05:31
123	5541	WALTER CEZAR DE OLIVEIRA	M	M-55-59	5		00:27:48	00:27:42	05:32
124	5609	FABIO ROG/RIO SILVEIRA NAMIU	M	M-45-49	12	SEM JUIZO	00:27:53	00:27:43	05:32
125	5591	NELSON MARTINS	M	M-60+	16		00:27:52	00:27:49	05:33

126	5071	GUILHERME WENCESLAU LEITE DE	M	M-25-29	16		00:28:21	00:27:49	05:33
127	5222	DANILO SOARES DOS SANTOS	M	M-30-34	13		00:27:57	00:27:51	05:34
128	5446	LEONARDO MORI DA SILVA	M	M-45-49	13	SPLENDORUNNING BY RO	00:28:54	00:27:55	05:34
129	5564	JOÃO ROBERTO DOS SANTOS	M	M-60+	17		00:29:14	00:27:56	05:34
130	5488	FABIO ROSA DA SILVA	M	M-50-54	12		00:28:08	00:27:58	05:35
131	5399	NEMER DIAS PELAES	M	M-40-44	20		00:28:13	00:28:00	05:36
132	5152	LEONARDO SILVA PEREIRA COSTA	M	M-30-34	14		00:28:50	00:28:03	05:36
133	5245	ALVIM CELSO GONCALVES RIOS J	M	M-35-39	22		00:28:59	00:28:05	05:36
134	5102	DIEGO ARAUJO DE SOUZA	M	M-30-34	15		00:28:29	00:28:07	05:37
135	5129	IVAN FRANCO PORTELA	M	M-30-34	16		00:29:56	00:28:18	05:39
136	5502	CARLOS ALBERTO DOS SANTOS	M	M-50-54	13	HUBNER	00:29:24	00:28:20	05:39
137	5335	JOSE MATIAS FILHO	M	M-40-44	21		00:43:43	00:28:25	05:40
138	5461	PAULO CESAR DE ANDRADE PALMA	M	M-45-49	14	CIA ATHLETICA	00:28:35	00:28:28	05:41
139	5003	BRENO SESCO SILVA	M	M-14-19	2	ASSESSORIA ESPORTIVA	00:28:54	00:28:28	05:41
140	5381	RICARDO PONTES BONFIGLIOLI	M	M-40-44	22	ASSESSORIA DIEGO DAN	00:29:09	00:28:29	05:41
141	5590	FRANCISCO SHIGEYUKI SAKATA	M	M-60+	18	SAKATAS.J.CAMPOS	00:28:37	00:28:32	05:42
142	5001	LUIZ FELIPE ANDRADE BARONE	M	M-14-19	3		00:29:15	00:28:32	05:42
143	5513	ROONEY CASTILHO RIBEIRO	M	M-50-54	14	HUBNER	00:29:04	00:28:33	05:42
144	5420	CLAUDIUS RICARDO TEIXEIRA DE	M	M-45-49	15		00:28:46	00:28:38	05:43
145	5456	CARLOS ALBERTO ALVES DE SOUZ	M	M-45-49	16		00:29:29	00:28:40	05:43
146	5162	ERIC EITI KATEKAWA	M	M-30-34	17		00:29:16	00:28:41	05:43
147	5150	GENIVALDO DE CASTRO SILVA JÚ	M	M-30-34	18		00:29:07	00:28:44	05:44
148	5579	DAVID FERNANDES	M	M-60+	19	ASSESSORIA DIEGO DAN	00:29:13	00:28:44	05:44
149	5554	WILLIAM ALVARENGA PORTELA	M	M-55-59	6		00:30:25	00:28:48	05:45
150	5212	GUILHERME AUGUSTO RODRIGUES	M	M-35-39	23	MXS	00:29:46	00:28:51	05:46
151	5460	LUDOVIC NEGRE	M	M-45-49	17		00:29:16	00:28:58	05:47
152	5606	RAYMUNDO AGOSTINHO SILVA	M	M-60+	20	JPARUA	00:29:30	00:29:06	05:49
153	5525	SERGIO RENATO FRACCARI CURY	M	M-50-54	15	JAPARUA	00:29:49	00:29:24	05:52
154	5117	ELTON BATISTA QUIRINO COSTA	M	M-30-34	19		00:30:00	00:29:27	05:53
155	5282	JOS/ MRCIO GONÇALVES	M	M-35-39	24	HUBNER	00:30:37	00:29:28	05:53
156	5239	MAURO TANAKA	M	M-35-39	25		00:29:38	00:29:30	05:54
157	5011	GUILHERME CARVALHO LEMOS DE	M	M-14-19	4	ASSESSORIA DIEGO DAN	00:29:59	00:29:31	05:54
158	5210	MURILLO QUADROS	M	M-35-39	26	ASSESSORIA DIEGO DAN	00:31:16	00:29:31	05:54
159	5409	CELIO MYAGUI	M	M-40-44	23		00:29:54	00:29:33	05:54
160	5509	DERCILIO AZEVEDO DE OLIVEIRA	M	M-50-54	16		00:29:50	00:29:35	05:54
161	5482	LUIS MENDES ANSELMO	M	M-50-54	17	MXS	00:30:03	00:29:35	05:54
162	5415	ENEAS GOMES RIBEIRO	M	M-45-49	18		00:30:07	00:29:37	05:55
163	5002	NICOLAS DE OLIVEIRA SANTOS	M	M-14-19	5	SPLENDORUNNING BY RO	00:30:40	00:29:40	05:55
164	5097	JOSIAS LELIS DE SOUZA	M	M-25-29	17	HUBNER	00:30:48	00:29:41	05:55
165	5138	WANDERSON VIEIRA RIBEIRO	M	M-30-34	20		00:29:50	00:29:42	05:56
166	5092	LEONARDO HONRÍO MILANI	M	M-25-29	18	SUPERA	00:30:06	00:29:46	05:57
167	5274	JORGE VINICIUS CALIXTO FERRE	M	M-35-39	27		00:30:24	00:29:46	05:57
168	5387	GLAUCIO FREITAS ALKMIN	M	M-40-44	24		00:30:31	00:29:49	05:57
169	5422	MARCELO CARLOS FRITZ	M	M-45-49	19		00:30:28	00:29:52	05:58
170	5054	FELIPE RIBEIRO CHICARELLI	M	M-25-29	19		00:30:04	00:29:55	05:58
171	5449	LUCIANO SILVA ARAUJO	M	M-45-49	20	4RUN ASSESSORIA ESPO	00:30:46	00:30:02	06:00
172	5017	VITOR	M	M-20-24	9		00:30:21	00:30:03	06:00
173	5137	RICHARD PETERSEN	M	M-30-34	21		00:30:22	00:30:13	06:02
174	5534	FLORIVAL RODRIGUES DOS SANTO	M	M-55-59	7	100 JUIZO	00:30:25	00:30:14	06:02
175	5515	FERNANDO JOSE SOUZA DE ARAUJ	M	M-50-54	18	CIA ATHLETICA	00:30:27	00:30:14	06:02
176	5284	JULIANO CELESTE	M	M-35-39	28		00:30:30	00:30:19	06:03
177	5154	ALAN AMARO SANTOS	M	M-30-34	22		00:31:50	00:30:25	06:04
178	5052	JOS/ MAURACIO DA CUNHA NETO	M	M-25-29	20		00:30:39	00:30:28	06:05
179	5053	LUCAS MESTRES MENDES	M	M-25-29	21		00:30:39	00:30:29	06:05
180	5535	LUIS TEIXEIRA DE CARVALHO	M	M-55-59	8	ASSESSORIA DIEGO DAN	00:31:30	00:30:36	06:07
181	5484	ARTHUR F. CISCATO FERREIRA	M	M-50-54	19	TUTU	00:31:35	00:30:38	06:07
182	5475	NELSON ISSAMU HAYASHI	M	M-50-54	20		00:31:00	00:30:48	06:09
183	5566	JOSE RENE TELES	M	M-60+	21		00:31:23	00:30:48	06:09
184	5543	CARLOS ROBERTO FARIA COSTA	M	M-55-59	9		00:31:42	00:30:48	06:09
185	5078	DANILO CARDOSO CAMPOS	M	M-25-29	22	STEPHANO TEAM	00:31:31	00:30:52	06:10
186	5471	TETSU GUNJI	M	M-45-49	21		00:31:31	00:30:55	06:10
187	5048	JOS/ LUIZ DE MELLO JÚNIOR	M	M-25-29	23	MOVER	00:31:45	00:31:01	06:12
188	5496	MARCO AURELIO RANGEL	M	M-50-54	21		00:31:54	00:31:06	06:13
189	5407	HENRIQUE WATANABE	M	M-45-49	22	MXS	00:32:01	00:31:07	06:13
190	5190	CESAR AUGUSTO COSTALONGA VAR	M	M-30-34	23	MXS	00:32:01	00:31:07	06:13
191	5008	LUIZ GUSTAVO CARVALHO YWASAK	M	M-14-19	6	ANDERSON CAMARGO PER	00:31:16	00:31:12	06:14
192	5326	CLEBER GOMES DOS SANTOS	M	M-35-39	29	HUBNER	00:32:24	00:31:17	06:15
193	5497	CELIO BORTOLETTO	M	M-50-54	22	100 JUIZO	00:31:37	00:31:28	06:17
194	5354	EDUARDO RODRIGUES GONÇALVES	M	M-40-44	25		00:33:40	00:31:28	06:17
195	5344	FELIPE GENHAKU DI TANNO SINZ	M	M-40-44	26		00:31:42	00:31:31	06:18
196	5424	WAGNER RODOLFO FARIA NOGUEIR	M	M-45-49	23	ASSESSORIA DIEGO DAN	00:32:38	00:31:32	06:18
197	5005	IGOR PINHO ARBEX	M	M-14-19	7	ARBEX	00:32:01	00:31:36	06:19
198	5118	LEONARDO ALVES DE BRITO BAST	M	M-30-34	24		00:32:00	00:31:43	06:20
199	5341	MARCUS LEVY HENRIQUE	M	M-40-44	27		00:32:41	00:31:46	06:21
200	5355	SERGIO PEREIRA OLIVEIRA JR	M	M-40-44	28		00:33:41	00:31:49	06:21
201	5172	ANDR/ GERARD RADTKE	M	M-30-34	25		00:33:34	00:31:58	06:23
202	5413	ANDRE FERNANDE	M	M-45-49	24	CIA ATHLETICA	00:32:24	00:32:11	06:25
203	5323	ROBSON GONÇALVES	M	M-35-39	30		00:32:44	00:32:13	06:26

204	5580	ANTONIO FONARO	M	M-60+	22	CIDA FONARO CABELO E	00:32:36	00:32:25	06:28
205	5401	JEFFERSON VILA NOVA	M	M-40-44	29	HUBNER	00:33:34	00:32:28	06:29
206	5592	ELIAS DAVID MAGALHES	M	M-60+	23	MAGALHAES	00:32:34	00:32:29	06:29
207	5380	CLEVERSON CRISTIANO MOREIRA	M	M-40-44	30	EQUIPE CROSARIOL	00:33:22	00:32:37	06:31
208	5085	MAXWEL PAULINO SOARES	M	M-25-29	24	FACERUNNERS	00:32:42	00:32:38	06:31
209	5020	GUSTAVO DA SILVA RIBEIRO	M	M-20-24	10		00:32:55	00:32:43	06:32
210	5038	FELIPE DA SILVA RIBEIRO	M	M-25-29	25		00:32:55	00:32:43	06:32
211	5084	JOÃO PAULO DE LIMA FERREIRA	M	M-25-29	26	HUBNER	00:33:58	00:32:57	06:35
212	5466	RENATO FRANCISCO DOS SANTOS	M	M-45-49	25	MOVER	00:33:13	00:33:00	06:36
213	5468	LUIZ ASSIS	M	M-45-49	26		00:34:04	00:33:05	06:36
214	5427	MARCIO BARBOSA	M	M-45-49	27		00:34:14	00:33:06	06:37
215	5272	GILBERTO SILVA SALLES	M	M-35-39	31		00:35:09	00:33:07	06:37
216	5233	LEONARDO NICHOLS SCHMITT	M	M-35-39	32	MXS	00:34:11	00:33:14	06:38
217	5171	FELLIPE TONIOLO MASCHIO	M	M-30-34	26		00:33:58	00:33:19	06:39
218	5264	CARLOS DA SILVA BATISTA	M	M-35-39	33		00:33:58	00:33:19	06:39
219	5602	DILERMANDO DE PAULA	M	M-60+	24		00:36:42	00:33:28	06:41
220	5395	RODRIGO DE MORAES CANELAS	M	M-40-44	31	ASSESSORIA DIEGO DAN	00:34:43	00:33:35	06:42
221	5121	MARCEL FUKUDA	M	M-30-34	27		00:34:58	00:33:39	06:43
222	5175	ALBERTO TADEU GUIMARÃES PAES	M	M-30-34	28		00:35:07	00:33:48	06:45
223	5403	ARNALDO CESAR PISTONI	M	M-40-44	32	ASSESSORIA DIEGO DAN	00:34:43	00:33:55	06:46
224	5143	ANDRE FERNANDO VON GAL DOS S	M	M-30-34	29		00:34:45	00:33:56	06:46
225	5443	ERCIA ROCHA SANTOS	M	M-45-49	28	VIANA TEAM	00:34:43	00:33:59	06:47
226	5185	MURILO RESENDE	M	M-30-34	30	ASSESSORIA DIEGO DAN	00:35:44	00:34:17	06:51
227	5022	MARCIO HENRIQUE DE SOUZA ANS	M	M-20-24	11	MXS	00:35:04	00:34:36	06:55
228	5607	JOSE ROBERTO LAMOSA	M	M-60+	25	FACERUNNERS	00:34:42	00:34:37	06:55
229	5270	UBIRAJARA GALVÃO VIEIRA DA S	M	M-35-39	34	EQUIPE CROSARIOL	00:35:37	00:35:18	07:03
230	5378	DANIEL DUARTE PEDROSA	M	M-40-44	33	FLIGHT RUN	00:36:21	00:35:41	07:07
231	5111	MAURICIO AYRES DE ARAUJO	M	M-30-34	31	HUBNER	00:36:56	00:35:50	07:09
232	5302	RODRIGO QUEIROZ NOGUEIRA	M	M-35-39	35	HUBNER	00:36:15	00:36:00	07:12
233	5442	CLAUDINEI ROMA DE PAULA	M	M-45-49	29		00:37:03	00:36:18	07:15
234	5013	PEDRO PAULO SOUZA TORRAQUE	M	M-20-24	12	ASSESSORIA DIEGO DAN	00:37:12	00:36:39	07:19
235	5124	MARCELO TSUTOMU INOMATA	M	M-30-34	32	SUPERA	00:37:03	00:36:45	07:21
236	5527	JERONIMO RUIZ CENTENO	M	M-55-59	10	ASSESSORIA DIEGO DAN	00:37:58	00:36:54	07:22
237	5570	LA/RCIO PEDRO SANT ANNA	M	M-60+	26	100 JUIZO	00:37:23	00:37:13	07:26
238	5340	ANDR/ VINACIUS DE MORAES SAM	M	M-40-44	34	ASSESSORIA DIEGO DAN	00:39:06	00:37:40	07:31
239	5567	ARISTIDES ARAUJO DE LORENZO	M	M-60+	27		00:38:49	00:37:52	07:34
240	5598	FRANCISCO BATISTA NETO	M	M-60+	28		00:39:03	00:38:08	07:37
241	5586	JOÃO ANTONIO LEITE FARIA	M	M-60+	29		00:39:32	00:38:55	07:46
242	5062	LUCAS ALEXANDRE TEIXEIRA DE	M	M-25-29	27		00:40:08	00:39:04	07:48
243	5339	KLAUS COELHO CALEGÃO	M	M-40-44	35	ASSESSORIA DIEGO DAN	00:40:22	00:39:12	07:50
244	5009	MARCOS GABRIEL BARBOSA DOS S	M	M-14-19	8	HUBNER	00:40:47	00:39:41	07:55
245	5268	VALDIR GIL PILLAT	M	M-35-39	36		00:40:27	00:39:59	07:59
246	5132	ANDREW RAMOS	M	M-30-34	33	ADC DOW PINDA	00:40:44	00:40:10	08:01
247	5325	ADEMIR ANTONIO DOS SANTOS	M	M-35-39	37		00:42:43	00:41:43	08:20
248	5406	EBER APARECIDO GUSMÃO	M	M-40-44	36	MXS	00:42:55	00:42:02	08:24
249	5215	NILTON BONAF/ JUNIOR	M	M-30-34	34	ASSESSORIA DIEGO DAN	00:42:38	00:42:08	08:25
250	5218	ALLAN MARCEL DIOGO DA SILVA	M	M-35-39	38		00:42:58	00:42:40	08:31
251	5012	VINICIUS DE BARROS SANTANA	M	M-14-19	9	HUBNER	00:44:04	00:42:59	08:35
252	5202	LEANDRO IGLESIAS BRESOLIN	M	M-30-34	35	ASSEM RUNNING	00:43:56	00:43:14	08:38
253	5548	NELSON LUIS BONILHA	M	M-55-59	11		00:43:46	00:43:29	08:41
254	5604	LAERCIO BATISTA DA SILVA	M	M-60+	30		00:44:50	00:44:16	08:51
255	5605	JOÃO ALBERTO DE AGUIAR	M	M-60+	31		00:45:10	00:44:48	08:57
256	5433	DIONASEO OTTOBONI JUNIOR	M	M-45-49	30	HUBNER	00:46:39	00:45:34	09:06
257	5134	VALDELI CATTO DE MORAIS	M	M-30-34	36	HUBNER	00:47:49	00:46:42	09:20
258	5571	JUAREZ CARDEAL DE MIRANDA	M	M-60+	32		00:53:09	00:51:55	10:22

SUPER 5K - 1ª ETAPA (21/05/2017)

LISTA GERAL

::PCD::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	5653	EDSON GONCALVES DA COSTA	M	MASC	NA		00:13:49	00:13:49	02:45
2	5652	MARCIO ALEXSANDRO DE LIMA	M	MASC	NA		00:24:46	00:24:46	04:57
3	5655	DIEGO DE CASTRO FRANCO	M	MASC	NA		00:26:54	00:26:54	05:22
4	5651	JOAO ALMEIDA DA SILVA	M	MASC	NA		00:30:41	00:30:41	06:07