

SUPER 5K - 2ª ETAPA (25/11/2018)

LISTA GERAL

::FEMININO::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	602	JANAINA LEANDRO DOS SANTOS	F	GERAL	1	COMBATENTES	00:21:19	00:21:16	04:15
2	515	AMANDA MARQUES SILVA	F	GERAL	2	BRASIL RUNNERS	00:21:49	00:21:41	04:19
3	666	THELMA MOTA DE OLIVEIRA	F	GERAL	3	FACERUNNERS	00:22:10	00:22:07	04:25
4	657	ANA CLAUDIA MANFREDINI RAMIS	F	GERAL	4		00:22:18	00:22:10	04:25
5	551	MARIA CECILIA DA SILVA MARTI	F	GERAL	5	KIKO TREINAMENTO ESP	00:22:28	00:22:26	04:28
6	600	GABRIELA GEANE DA SILVA	F	F-30-34	1	COL/GIO POLIEDRO SJC	00:22:49	00:22:41	04:31
7	581	FRANCISCA MARIA DA SILVA	F	F-30-34	2	FM RUNNERS	00:23:18	00:23:04	04:36
8	593	ELISANGELA RODRIGUES DE SOUS	F	F-30-34	3	TUCA RUNNER	00:23:07	00:23:06	04:37
9	621	MICHELE MARCONDES PEDROSO	F	F-35-39	1	PEDROSO RUN	00:23:11	00:23:06	04:37
10	713	VANESSA AVILA EDWELL	F	F-40-44	1	APVE/JAPARUA	00:23:27	00:23:24	04:40
11	573	AMANDA CRISTINA DA SILVA	F	F-30-34	4	ASSESSORIA DIEGO DAN	00:23:32	00:23:30	04:42
12	749	CRISTINA MORAES	F	F-45-49	1	300 TRIATHLON	00:23:37	00:23:34	04:42
13	642	MICHELE GOMES	F	F-35-39	2	GRUPO DE CORRIDA P/	00:24:06	00:23:34	04:42
14	623	ANGELA DE FATIMA DA SILVA AL	F	F-35-39	3	ASSESSORIA DIEGO DAN	00:23:54	00:23:36	04:43
15	552	KARLA LEO	F	F-25-29	1	STEPHANOTEAM	00:24:08	00:23:50	04:45
16	651	MARIA TATIANE FERREIRA	F	F-35-39	4	RO PERSONAL	00:23:56	00:23:52	04:46
17	746	MONICA SANTOS DE ABREU AGUIA	F	F-45-49	2	SUPERA COMUNICACÃO	00:24:07	00:23:56	04:46
18	541	CRISTIANE SOUZA SALGADO	F	F-25-29	2	RW ACESSORIA DE CORR	00:24:27	00:24:23	04:52
19	794	ANA MARIA RAGONESE	F	F-50+	1	MINEIRO/CORESPORT	00:24:33	00:24:27	04:53
20	753	ALICE DE OLIVEIRA FERNANDES	F	F-45-49	3	ALICE	00:24:37	00:24:33	04:54
21	607	MICHELE MARTINS	F	F-30-34	5	ASSESSORIA DIEGO DAN	00:24:51	00:24:48	04:57
22	594	LUCILENE RODRIGUES EMIDIO	F	F-30-34	6	FACERUNNERS	00:24:58	00:24:51	04:58
23	744	FERNANDA REGINA BERNARDES VI	F	F-45-49	4	APVE/JAPARUA	00:25:12	00:25:06	05:01
24	793	ABIGAIL SILVA DE OLIVEIRA	F	F-50+	2	ADC INPE	00:25:17	00:25:07	05:01
25	571	ELIANE DA SILVA BONFIM	F	F-30-34	7	ANDR/ PRADO ASSESSOR	00:25:13	00:25:11	05:01
26	808	MAGALI BELLAM	F	F-50+	3	BELLAM	00:25:17	00:25:14	05:02
27	640	KARINA SATIKO TAMASHIRO RIBE	F	F-35-39	5	APVE/JAPARUA	00:25:48	00:25:22	05:04
28	620	ROSANGELA GOMES RIBEIRO	F	F-35-39	6		00:26:00	00:25:48	05:09
29	809	SILVIA REGINA SANTOS MATTOS	F	F-50+	4	FACERUNNERS	00:26:06	00:26:02	05:12
30	570	KARINA BRAGA MARSOLA	F	F-30-34	8	ANDR/ PRADO ASSESSOR	00:26:14	00:26:11	05:13
31	696	CARLA GRILL	F	F-40-44	2	CARLA GRILL	00:26:22	00:26:14	05:14
32	576	ANDREIA MARIA SILVA AMARAL P	F	F-30-34	9	NADAPEDALACORRE	00:26:32	00:26:24	05:16
33	648	MARILIA ALVES DE OLIVEIRA	F	F-35-39	7		00:27:10	00:26:29	05:17
34	719	KATIA CRISTINA DE OLIVEIRA	F	F-40-44	3	APVE/JAPARUA	00:27:05	00:26:36	05:19
35	524	ALINE MELLO SILVA	F	F-20-24	1	EQUIPE CROSARIOL	00:26:52	00:26:43	05:20
36	693	CINTIA HELENA BORGES	F	F-40-44	4	EMFORMA ASSESSORIA E	00:27:05	00:26:48	05:21
37	781	CLAUDIA MARIA BARREIRA DE FA	F	F-45-49	5	GRUPO DE CORRIDA PIN	00:27:29	00:26:56	05:22
38	828	ANA MARIA FONSECA DE LUCA	F	F-50+	5	AVULSO	00:27:16	00:27:01	05:24
39	617	CAROLINA	F	F-35-39	8		00:27:57	00:27:11	05:25
40	610	ELISANGELA CONCEIÇÃO DE SA G	F	F-35-39	9	PERSONALANDREPRADO	00:27:28	00:27:21	05:28
41	560	LETICIA VENTURA	F	F-25-29	3	IZZISPORTS	00:27:34	00:27:22	05:28
42	800	LICIA OTA UENO	F	F-50+	6	STEPHANOTEAM	00:27:53	00:27:33	05:30
43	813	LUISA MATSUE HIRASAWA	F	F-50+	7	EASYPUN	00:27:47	00:27:39	05:31
44	655	ERICA FELIX RIBEIRO	F	F-35-39	10	ASSESSORIA DIEGO DAN	00:28:01	00:27:40	05:31
45	786	NIVIA CELESTINA TEIXEIRA	F	F-50+	8	EQUIPE CROSARIOL	00:27:52	00:27:43	05:32
46	811	HELENA CRISTINA CRUZ RUIZ	F	F-50+	9	APVE/JAPARUA	00:28:13	00:27:44	05:32
47	603	NADIR HELENA LEITE DE SOUSA	F	F-30-34	10		00:28:41	00:28:02	05:36
48	732	ANGELA SANTOS	F	F-40-44	5	GRUPO DE CORRIDA P/	00:28:51	00:28:17	05:39
49	768	CACILDA ARAVEQUIA	F	F-45-49	6		00:28:26	00:28:22	05:40
50	553	PRISCILA LIMA	F	F-25-29	4	ASSESSORIA DIEGO DAN	00:28:40	00:28:25	05:40
51	842	WILMA YUMI OKAMURA	F	F-50+	10	APVE/JAPARUA	00:29:04	00:28:39	05:43
52	756	PATRICIA FELIX	F	F-45-49	7	AVULSO	00:29:27	00:28:40	05:43
53	683	FERNANDA NEVES DA SILVA	F	F-40-44	6	FAM'LIA NEVES	00:29:08	00:28:55	05:46
54	751	FLAVIA PERES CESAR	F	F-45-49	8	ASSESSORIA DIEGO DAN	00:29:39	00:28:55	05:46
55	799	RITA BATISTINA DA SILVA MACI	F	F-50+	11	ALAN ZONZINI TREINAM	00:29:14	00:28:58	05:47
56	539	JESSICA DE LIMA RESENDE	F	F-25-29	5	GO ASSESSORIA	00:29:55	00:29:06	05:49
57	708	CLEONICE APARECIDA DA SILVA	F	F-40-44	7	FM RUNNERS	00:29:23	00:29:09	05:49
58	704	MARA RUBIA DOS SANTOS BRAGA	F	F-40-44	8	ASSESSORIA DIEGO DAN	00:30:19	00:29:30	05:54
59	584	SIMONE DOS REIS SILVA	F	F-30-34	11	RAPTORS	00:29:43	00:29:33	05:54
60	739	ISABEL SILVA DO NASCIMENTO I	F	F-45-49	9	STUDIO ACADEMIA	00:29:52	00:29:36	05:55
61	697	ROSANGELA BOTELHO CICONELI B	F	F-40-44	9	ASSESSORIA DIEGO DAN	00:30:00	00:29:41	05:55
62	647	BEATRIZ KRUEGER DE OLIVEIRA	F	F-35-39	11	ASSESSORIA DIEGO DAN	00:29:58	00:29:42	05:56
63	736	VALQUIRIA GASPAS CASSIANO PI	F	F-40-44	10	VALENTINA	00:30:02	00:29:50	05:57
64	711	ANA PAULA DE SOUZA SOARES	F	F-40-44	11	EQUIPE 100 JUZO	00:30:34	00:29:51	05:58
65	669	ANA LUCIA APARECIDA MACHADO	F	F-35-39	12	300 TRIATHLON	00:30:05	00:29:52	05:58
66	595	ALINE DOS SANTOS NASCIMENTO	F	F-30-34	12		00:30:41	00:30:02	06:00
67	759	NEIDE MAJO MATEUS	F	F-45-49	10	ASSESSORIA DIEGO DAN	00:31:00	00:30:14	06:02
68	578	LUCIANA	F	F-30-34	13	STEPHANOTEAM	00:30:37	00:30:17	06:03
69	662	ROBERTA APARECIDA DE ALVAREN	F	F-35-39	13		00:30:29	00:30:19	06:03
70	815	EDENICE RODRIGUES DE OLIVEIR	F	F-50+	12	LS TREINAMENTO ESPOR	00:30:37	00:30:30	06:06
71	646	ERICA MENERO	F	F-35-39	14	GRUPO DE CORRIDA P/	00:31:13	00:30:39	06:07
72	656	ALEXANDRA SILVA TRINDADE	F	F-35-39	15	TENDA ATACADO	00:31:10	00:30:47	06:09

73	605	SARAH CLAUDINO CARNEIRO GOME	F	F-30-34	14	TRAINING & RUN	00:31:03	00:30:48	06:09
74	805	CLAUDIA MANGINI	F	F-50+	13	ASSESSORIA DIEGO DAN	00:31:43	00:30:56	06:10
75	670	NADIA MARIA FRANÇA BORGES	F	F-35-39	16	P/ NA RUA	00:31:48	00:31:02	06:12
76	517	MELANIE NOWAK	F	F-20-24	2		00:31:51	00:31:12	06:14
77	803	VILMA APARECIDA DIAS	F	F-50+	14	FACERUNNERS	00:31:31	00:31:17	06:15
78	712	SIMONE BUSTAMANTE COSTA	F	F-40-44	12		00:31:54	00:31:22	06:16
79	826	NINON ROSE SOARES DOS SANTOS	F	F-50+	15	300 TRIATHLON	00:32:15	00:31:27	06:17
80	776	CLEIDE LIMA QUEIROZ	F	F-45-49	11		00:31:42	00:31:31	06:18
81	632	TANISE VITORELLO ZANETTE	F	F-35-39	17	ASSESSORIA DIEGO DAN	00:32:03	00:31:34	06:18
82	798	CRISTINA MESQUITA CARVALHO	F	F-50+	16	EAMSP METRUS METRO	00:32:33	00:31:41	06:19
83	685	CLAUDELNYNE PADOVANI	F	F-40-44	13	ELLEVATE	00:32:18	00:31:52	06:22
84	709	CECILIA FRANCO SISTERNAS FIO	F	F-40-44	14	300 TRIATHLON	00:32:35	00:32:19	06:27
85	622	NATHALIA SANTOS DINIZ	F	F-35-39	18	ASSESSORIA DIEGO DAN	00:33:42	00:32:49	06:33
86	830	MEIRE DONIZETI PRADO	F	F-50+	17	ANDR/ PRADO ASSESSOR	00:33:00	00:32:52	06:34
87	853	ELIZABETH ARNOLD VIEIRA	F	F-50+	18	AVULSO	00:33:21	00:32:55	06:34
88	714	ANA FERNANDA JIMENEZ	F	F-40-44	15	PATIO	00:33:18	00:32:58	06:35
89	833	ELISABETE DA CONCEIÇÃO MENDE	F	F-50+	19	TAF RUNNERS	00:33:22	00:33:04	06:36
90	521	AMANDA GUIMARAES FERNANDES	F	F-20-24	3	ACADEMIA NOVA FIT	00:37:52	00:33:09	06:37
91	582	GRAZIELE MAXIMO	F	F-30-34	15	MANTIQUEIRA ESPORTES	00:33:33	00:33:16	06:39
92	717	MARA REGINA RAMOS OGAWA	F	F-40-44	16		00:34:08	00:33:49	06:45
93	777	EDNA ALVES DE ARAUJO	F	F-45-49	12	AVULSO	00:34:15	00:34:05	06:48
94	765	CRISTIANE RODRIGUES DA SILVA	F	F-45-49	13	COMPANHIA ATHLETICA	00:34:57	00:34:07	06:49
95	684	CLARICE ACELINA DOS ANJOS	F	F-40-44	17	ASSESSORIA DIEGO DAN	00:34:54	00:34:08	06:49
96	619	FABIOLA MARIANE CUSINO	F	F-35-39	19	FACERUNNERS	00:34:59	00:34:15	06:51
97	727	LANUSA STOCCE DE OLIVEIRA WH	F	F-40-44	18		00:34:52	00:34:16	06:51
98	574	JESSICA FERNANDA LOURENÇO CA	F	F-30-34	16	APVE /JAPARUA	00:34:43	00:34:18	06:51
99	555	DAIANE RAMOS TEIXEIRA	F	F-25-29	6		00:35:52	00:34:18	06:51
100	838	LIDIA WAKAMATSU	F	F-50+	20	JOŨO DO PULO	00:34:54	00:34:23	06:52
101	767	MARIA DE FATIMA FERREIRA DOS	F	F-45-49	14	JOŨO DO PULO	00:34:54	00:34:23	06:52
102	677	SABRINA OTSUKI DE LIMA	F	F-35-39	20	AVULSO	00:35:12	00:34:31	06:54
103	649	CARLA CREMONEZ NEVES PINELLI	F	F-35-39	21	PINELLIS	00:35:19	00:34:35	06:54
104	568	ANA AMELIA FLORIANO BEVILACQ	F	F-30-34	17		00:35:01	00:34:38	06:55
105	734	DANIELA CRISTINA DOS SANTOS	F	F-40-44	19		00:35:41	00:35:14	07:02
106	514	MARIANA DE SOUZA SILVA	F	F-20-24	4		00:35:47	00:35:17	07:03
107	523	ALESSANDRA CRISTINA ARAUJO	F	F-20-24	5		00:35:46	00:35:18	07:03
108	638	LIVIA NATHALIA SILVA SGAVIOL	F	F-35-39	22	CIA ATHLETICA SJC	00:35:53	00:35:19	07:03
109	710	DEBORA REDONDO	F	F-40-44	20	300 TRIATHLON	00:36:15	00:35:25	07:04
110	672	ALESSANDRA AKEMI TASE	F	F-35-39	23	ASSESSORIA DIEGO DAN	00:36:23	00:35:31	07:06
111	548	ANA PAULA KIYOHARA DOS SANTO	F	F-25-29	7	SUPERA COMUNICAŔO	00:36:16	00:35:35	07:06
112	614	MARA CRISTINA DE OLIVEIRA SI	F	F-35-39	24	ASSESSORIA DIEGO DAN	00:36:22	00:35:38	07:07
113	720	MONICA SIEDLER	F	F-40-44	21	APVE /JAPARUA	00:36:10	00:35:47	07:09
114	700	SANNY FONSECA MASTANDRRA	F	F-40-44	22	ASSESSORIA DIEGO DAN	00:36:24	00:35:55	07:10
115	546	ANA CRISTINA DE FARIAS HORIK	F	F-25-29	8	RAPTORS	00:36:12	00:36:01	07:12
116	566	MARCELA ARRUDA SAMPAIO DE SO	F	F-30-34	18	TENDA	00:36:50	00:36:34	07:18
117	549	MARINA RIBEIRO	F	F-25-29	9	ASSESSORIA DIEGO DAN	00:37:03	00:36:42	07:20
118	510	REBECA PAUANY MARCUZ FERREIR	F	F-14-19	1		00:37:40	00:36:49	07:21
119	706	ANA KARINA ASSUNÇÃO GONÇALVE	F	F-40-44	23		00:37:09	00:36:56	07:22
120	699	MARIA LUIZA ROSA RUIZ LOPES	F	F-40-44	24	ASSESSORIA DIEGO DAN	00:37:20	00:37:02	07:24
121	703	ALINE DE FATIMA RANGEL DE SO	F	F-40-44	25	ASSESSORIA DIEGO DAN	00:37:36	00:37:10	07:25
122	563	BRUNA BORGES BOTELHO	F	F-25-29	10	AVULSO	00:37:43	00:37:13	07:26
123	522	LARISSA GOMES DIAS	F	F-20-24	6		00:38:20	00:37:40	07:31
124	615	VALERIA MELLO REZENDE	F	F-35-39	25	ASSESSORIA DIEGO DAN	00:38:44	00:38:16	07:39
125	688	MOYRA GABRIELA BAPTISTA BRAG	F	F-40-44	26	ASSESSORIA DIEGO DAN	00:38:44	00:38:17	07:39
126	613	ANA CARLA CARVALHO	F	F-35-39	26	ASSESSORIA DIEGO DAN	00:39:18	00:38:35	07:42
127	804	ANA OLIVEIRA	F	F-50+	21	APVE /JAPARUA	00:39:11	00:38:47	07:45
128	598	BARBARA FONSECA DA ROCHA	F	F-30-34	19	SUPERA COMUNICAŔO	00:39:10	00:38:54	07:46
129	702	LUCIANA APARECIDA DA SILVA B	F	F-40-44	27	FMRUNNERS	00:39:23	00:39:08	07:49
130	520	ANA PAULA FERNANDES MACHADO	F	F-20-24	7	EQUIPE TENDA	00:39:29	00:39:12	07:50
131	528	AMANDA DA PENHA OVANDO	F	F-25-29	11	SUPERA	00:40:16	00:39:38	07:55
132	787	ANA LUCIA CALDINI	F	F-50+	22	300 TRIATHLON	00:40:30	00:39:41	07:55
133	821	MARA WESTIN	F	F-50+	23	CIA ATHLETICA SJC	00:41:01	00:40:14	08:02
134	643	FERNANDA CASTRO GOMES DE SOU	F	F-35-39	27	ASSESSORIA DIEGO DAN	00:41:09	00:40:17	08:03
135	770	CRISTINA F SCHMIDT	F	F-45-49	15	AVULSO	00:41:38	00:41:03	08:12
136	628	DANIELE FREITAS AGUIAR TANAK	F	F-35-39	28	ASSESSORIA DIEGO DAN	00:43:27	00:42:44	08:32
137	723	ADRIANA DA CONCEIÇÃO SANTOS	F	F-40-44	28	FACERUNNERS	00:43:32	00:42:58	08:35
138	532	JULIANA DANIELA DE OLIVEIRA	F	F-25-29	12	SUPERA COMUNICAŔO	00:44:19	00:43:40	08:43
139	611	TATIANE FERNANDES DE SOUZA	F	F-35-39	29	SUPERA COMUNICAŔO	00:44:20	00:43:41	08:43
140	837	CECILIA PADOVANI DE A TOLEDO	F	F-50+	24	ELLEVATE	00:44:24	00:43:59	08:47
141	554	KARINA ANGELICA ALVES SOARES	F	F-25-29	13		00:44:42	00:44:18	08:51
142	592	TUANY CRISTINA DE ASSIS ERAS	F	F-30-34	20	ERAS	00:45:39	00:44:48	08:57
143	637	SUELEN ANTUNES	F	F-35-39	30		00:46:50	00:46:50	09:21
144	854	FLÈRIDA PAWLOW	F	F-50+	25		00:48:03	00:47:55	09:34
145	718	MARILIA ROCHA MACEDO	F	F-40-44	29	CASAL MM	00:49:42	00:48:50	09:45
146	525	ANA PAULA BERNARDES TAVARES	F	F-20-24	8	APVE /JAPARUA	00:53:11	00:52:49	10:33

SUPER 5K - 2ª ETAPA (25/11/2018)

LISTA GERAL

::MASCULINO::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	508	ALEF DOS SANTOS CARLOS	M	GERAL	1	EQUIPE CROSARIOL	00:16:21	00:16:18	03:15
2	516	WILSON ALVES DE ARAUJO JUNIO	M	GERAL	2	ASSESSORIA DIEGO DAN	00:17:10	00:17:08	03:25
3	542	LUCAS VINICIUS CHAVES PEREIR	M	GERAL	3	ASSESSORIA DIEGO DAN	00:17:25	00:17:21	03:28
4	758	VANDERLEI APARECIDO DE PAULA	M	GERAL	4	TRIATHLON JEDAI	00:17:41	00:17:40	03:31
5	585	RODRIGO DE ALMEIDA BARROS	M	GERAL	5	EQUILIBRIO/SUB ELITE	00:17:45	00:17:44	03:32
6	505	AKIEL DOS SANTOS CARLOS	M	M-14-19	1	EQUIPE CROSARIOL	00:17:55	00:17:54	03:34
7	534	DANIEL APARECIDO GONÇALVES	M	M-25-29	1	RO PERSONAL	00:18:05	00:18:04	03:36
8	531	THIAGO AFONSO FRANGO	M	M-25-29	2	TAF RUNNERS	00:18:28	00:18:26	03:40
9	806	GILBERTO HIDEAKI ARAKAKI	M	M-50-54	1	JOFO DO PULO	00:18:35	00:18:32	03:42
10	616	MAURICIO DA SILVA GUSMAO	M	M-35-39	1	FACERUNNERS	00:18:40	00:18:39	03:43
11	577	CARLOS RAFAEL DE LIMA	M	M-30-34	1	SE EU MESMO	00:18:43	00:18:40	03:43
12	752	ROBSON CLODOALDO VIEIRA	M	M-45-49	1	FACERUNNERS	00:18:46	00:18:44	03:44
13	636	MAURICIO FERREIRA DOS SANTOS	M	M-35-39	2	300 TRIATHLON	00:18:47	00:18:45	03:45
14	544	LUCAS ALVES SOBRINHO	M	M-25-29	3	EQUIPE CROSARIOL	00:18:51	00:18:46	03:45
15	735	MARCELO OLIVEIRA VELOSO RITA	M	M-40-44	1	EQUIPE RAPTORS	00:18:48	00:18:47	03:45
16	745	VANDER MACIEL	M	M-45-49	2	MINEIRO ASSESSORIA/C	00:18:59	00:18:56	03:46
17	681	MARCOS PAULO DE SOUZA	M	M-40-44	2	300 TRIATHLON	00:19:02	00:19:00	03:48
18	597	TIAGO ELIDE RAMOS	M	M-30-34	2	FACERUNNERS	00:19:16	00:19:12	03:50
19	757	ADEMAR GERMANO MONTEIRO	M	M-45-49	3	CHIVUNK RUNNERS	00:19:16	00:19:12	03:50
20	562	OLAF PALMER VAL PINHEIRO	M	M-25-29	4		00:19:36	00:19:29	03:53
21	743	ALEXANDRE DOS SANTOS CARLOS	M	M-45-49	4	EQUIPE CROSARIOL	00:19:41	00:19:35	03:54
22	565	CESAR DE MORAES	M	M-30-34	3	ASSESSORIA DIEGO DAN	00:19:47	00:19:43	03:56
23	609	MATHEUS JOZINO BATISTA	M	M-30-34	4		00:19:53	00:19:50	03:57
24	526	NEURIELE BEBETO COELHO BRAZ	M	M-20-24	1	100 JU^ZO	00:19:56	00:19:53	03:58
25	658	FABIO SILVA VALLADAO	M	M-35-39	3	RUNNERS SUZANO	00:19:56	00:19:54	03:58
26	801	JOAO BRAZ TEIXEIRA	M	M-50-54	2	EQUIPE CROSARIOL	00:20:08	00:20:04	04:00
27	796	BENEDITO RODOLFO DE CARVALHO	M	M-50-54	3	BENE PERSONAL TRAINI	00:20:29	00:20:23	04:04
28	519	ALEX ANDRE	M	M-20-24	2		00:20:35	00:20:23	04:04
29	599	WELLINGTON LEVI ALVES	M	M-30-34	5	ASSESSORIA DIEGO DAN	00:20:40	00:20:38	04:07
30	596	RONALDO RODRIGUES PELA	M	M-30-34	6		00:20:41	00:20:40	04:07
31	674	BRUNO APARECIDO PEREIRA	M	M-35-39	4	LC TEAM	00:20:52	00:20:47	04:09
32	661	FRANCISCO JOSE DA SILVA	M	M-35-39	5	RO PERSONAL	00:20:59	00:20:55	04:10
33	504	GABRIEL MAGALHAES LEMOS	M	M-14-19	2		00:20:59	00:20:57	04:11
34	653	CLAUDEMIR DE JESUS GOMES	M	M-35-39	6	SESI RUN#PIKARETAS	00:21:04	00:20:58	04:11
35	865	ALAN HENRIQUE DA SILVA	M	M-20-24	3		00:21:03	00:20:59	04:11
36	692	PAULO APARECIDO DA SILVA	M	M-40-44	3	APVE /JAPARUA	00:21:04	00:21:01	04:12
37	501	DAVI PONTES DAS NEVES	M	M-14-19	3	ADC EMBRAER	00:21:08	00:21:05	04:12
38	557	THIAGO MOLINARI DE ANDRADE A	M	M-25-29	5	ESPAÇO R	00:21:32	00:21:25	04:16
39	679	ROBINSON DA SILVA PEDROSO JU	M	M-35-39	7	PEDROSO RUN	00:21:32	00:21:27	04:17
40	590	DIEGO DANIEL RIBEIRO GONÇALV	M	M-30-34	7	ASSESSORIA DIEGO DAN	00:21:46	00:21:35	04:18
41	782	MIGUEL EL KOURI	M	M-50-54	4	MINEIRO ASSESSORIA /	00:21:46	00:21:40	04:19
42	817	PEDRO ZEFERINO DA SILVA	M	M-55-59	1		00:22:00	00:21:56	04:22
43	827	JOAQUIM DE MOURA NUNES	M	M-55-59	2	UBATUBA OUTDOORFITNE	00:22:03	00:21:56	04:22
44	502	YAGO ABREU DE AGUIAR	M	M-14-19	4	SUPERA COMUNICAFIO	00:22:12	00:22:01	04:24
45	687	RODRIGO LEITE DOS SANTOS	M	M-40-44	4	S-CORE	00:22:08	00:22:05	04:24
46	624	LUCAS CARNEIRO	M	M-35-39	8	LC TEAM	00:23:29	00:22:10	04:25
47	845	GABRIEL DOS PASSOS RAMOS	M	M-60+	1	FACERUNNERS	00:22:21	00:22:17	04:27
48	608	MARCELO PEREIRA CUNHA	M	M-35-39	9		00:22:25	00:22:17	04:27
49	705	MYRCULYS OLIVEIRA	M	M-40-44	5	FACERUNNERS	00:22:26	00:22:22	04:28
50	849	MAURICIO ROBERTO DA SILVA	M	M-60+	2	FACERUNNERS	00:22:29	00:22:23	04:28
51	790	ESTEVAM DE LIMA SAMPAIO	M	M-50-54	5		00:22:35	00:22:28	04:29
52	766	MARCELO DOS SANTOS	M	M-45-49	5	JOFO DO PULO	00:22:42	00:22:37	04:31
53	769	KLEBER NISIYAMA	M	M-45-49	6		00:22:46	00:22:43	04:32
54	791	JOSE DAS GRAÇAS SILVA	M	M-50-54	6	INDIVIDUAL	00:22:55	00:22:51	04:34
55	645	RICARDO FERNANDES FARIA	M	M-35-39	10	NADAPEDALACORRE	00:23:04	00:22:57	04:35
56	819	PAULO HENRIQUE FREITAS DOS S	M	M-55-59	3		00:23:10	00:23:00	04:36
57	665	HENRIQUE DE MAGALHAES JIMENE	M	M-35-39	11	ANDR/ PRADO ASSESSOR	00:23:12	00:23:01	04:36
58	695	ANDRE LUIZ ALVES SOARES	M	M-40-44	6		00:23:33	00:23:09	04:37
59	676	RODRIGO TAVARES	M	M-35-39	12	AVULSO	00:23:53	00:23:21	04:40
60	823	ADEMAR CHAVES DE OLIVEIRA	M	M-55-59	4	ADEMAR	00:23:28	00:23:23	04:40
61	772	CARLOS AUGUSTO DA FONSECA	M	M-45-49	7	100 JU^ZO	00:23:45	00:23:28	04:41
62	775	CLODOALDO NUNES DE VASCONCEL	M	M-45-49	8	ASSESSORIA DIEGO DAN	00:23:51	00:23:32	04:42
63	810	VALDIMIR NOGUEIRA DE SIQUEIR	M	M-50-54	7	VALDIMIR	00:23:42	00:23:37	04:43
64	536	AMAURI GOULART AZEVEDO	M	M-25-29	6	AVULSO	00:24:04	00:23:59	04:47
65	682	WALTER P CRUZ	M	M-40-44	7	ASSESSORIA DIEGO DAN	00:24:07	00:23:59	04:47
66	606	DIEGO DE JESUS LEMOS	M	M-30-34	8	TAMOIOS	00:24:35	00:24:04	04:48
67	575	DANILO ALVES MACEDO	M	M-30-34	9		00:24:55	00:24:10	04:49
68	625	DAVID BATISTA PIO	M	M-35-39	13		00:24:28	00:24:17	04:51
69	533	CARLOS MACEDO DE CARVALHO FI	M	M-25-29	7	TENDA ATACADO	00:24:35	00:24:23	04:52
70	630	DIEGO DE ASSIS SANTANA	M	M-35-39	14	ASSESSORIA DIEGO DAN	00:24:50	00:24:26	04:52
71	860	FILEMON AVALO DE CARVALHO	M	M-60+	3	STEFANOTEAM	00:24:50	00:24:31	04:54
72	740	CARLOS EDUARDO ELIZEU CANELL	M	M-45-49	9	K-NALHAS	00:25:06	00:24:36	04:55

73	634	CLEBER AUGUSTO BORGES	M	M-35-39	15		00:24:47	00:24:41	04:55
74	858	JOSE RAIMUNDO DE AMORIM	M	M-60+	4	JOÃO DO PULO	00:24:56	00:24:46	04:57
75	659	AMAUURI BRANDEMBURGO JUNIOR	M	M-35-39	16	P/ NA RUA	00:25:34	00:24:47	04:57
76	747	MARCELINO YUKI TANAKA	M	M-45-49	10		00:25:30	00:24:52	04:58
77	564	PAULO HENRIQUE DE MORAIS	M	M-30-34	10	100 JUAZO	00:25:00	00:24:56	04:58
78	861	VALDOMIRO ALMEIDA DE OLIVEIR	M	M-60+	5	FAMILIA OLIVEIRA	00:25:03	00:24:56	04:58
79	716	ANDRE ESTEVAO SILVA	M	M-40-44	8	ASSESSORIA DIEGO DAN	00:25:39	00:25:04	05:00
80	783	RICARDO DE CASTRO	M	M-50-54	8	CIA ATHLETICA SJC	00:25:14	00:25:08	05:01
81	843	JOAO ROBERTO DOS SANTOS	M	M-60+	6	AVULSO	00:25:40	00:25:12	05:02
82	601	ERIC EITI KATEKAWA	M	M-30-34	11		00:25:52	00:25:13	05:02
83	816	CARLOS ALBERTO FRANGO	M	M-55-59	5	TAF RUNNERS	00:25:35	00:25:17	05:03
84	750	MARCIO HENRIQUE DA SILVA	M	M-45-49	11	ASSESSORIA DIEGO DAN	00:26:24	00:25:21	05:04
85	626	TIAGO AUGUSTO DE OLIVEIRA	M	M-35-39	17	BRASIL RUNNERS	00:25:26	00:25:24	05:04
86	846	SEVERINO CORDEIRO RAMOS NETO	M	M-60+	7		00:25:36	00:25:28	05:05
87	847	DAVID FERNANDES	M	M-60+	8	ASSESSORIA DIEGO DAN	00:25:45	00:25:30	05:06
88	664	RODRIGO FERRARI GOMES DOS SA	M	M-35-39	18		00:25:43	00:25:31	05:06
89	644	ARIDMIR LUIS DE OLIVERIA	M	M-35-39	19	COLINAS SHOPPING	00:25:41	00:25:32	05:06
90	862	JOSE BENEDITO DA SILVA	M	M-60+	9	MAX RUN	00:25:40	00:25:33	05:06
91	612	SAMUEL PEREIRA DOS SANTOS	M	M-35-39	20	DUPLA DE 1	00:25:58	00:25:36	05:07
92	604	FERNANDO MITSUEDA	M	M-30-34	12		00:26:02	00:25:41	05:07
93	633	FELIPE SILVA DO NASCIMENTO	M	M-35-39	21		00:26:17	00:25:44	05:08
94	639	THIAGO LINHARES MESQUITA	M	M-35-39	22		00:26:08	00:25:49	05:09
95	754	MARCIO ALESSANDRO DOS SANTOS	M	M-45-49	12	FMRUNNERS	00:26:03	00:25:50	05:09
96	690	FLAVIO CARVALHO PINTO FONTAN	M	M-40-44	9		00:26:36	00:25:55	05:10
97	572	MAURICIO GUSTAVO NAKAMURA	M	M-30-34	13	FACERUNNERS	00:26:25	00:26:03	05:12
98	863	RAYMUNDO AUGUSTNHO SILVA	M	M-60+	10	APVE /JAPARUA	00:26:39	00:26:13	05:14
99	835	ANTONIO ADEILDO REZENDE	M	M-60+	11		00:26:31	00:26:15	05:15
100	792	JOAO DA MATTA COSTA BISMARA	M	M-50-54	9	ASSESSORIA DIEGO DAN	00:26:38	00:26:16	05:15
101	789	JOAO CARLOS GREGÓRIO	M	M-50-54	10	APVE /JAPARUA	00:26:52	00:26:23	05:16
102	820	FRANCISCO CORREIA DA SILVA	M	M-55-59	6	EQUIPE CHICLETE	00:26:41	00:26:28	05:17
103	686	RESILDO LUIS DOS SANTOS	M	M-40-44	10	LUIS	00:26:46	00:26:34	05:18
104	831	JOELTON CLARO DOS SANTOS	M	M-60+	12	NENHUMA	00:26:41	00:26:40	05:19
105	859	FRANCISCO SHIGEYUKI SAKATA	M	M-60+	13	SAKATA-S.J.CAMPOS	00:26:46	00:26:40	05:19
106	834	LUCELIO VITORIO CROSARIOL	M	M-60+	14	EQUIPE CROSARIOL	00:26:59	00:26:48	05:21
107	558	DIEGO AUGUSTO GUIMARAES	M	M-25-29	8		00:33:30	00:26:51	05:22
108	698	CIRUSALLY CAMARGO MENDES	M	M-40-44	11		00:27:21	00:27:12	05:26
109	825	WALTER CEZAR DE OLIVEIRA	M	M-55-59	7		00:34:39	00:27:20	05:27
110	771	FABIO ROGERIO SILVEIRA NAMIU	M	M-45-49	13	100 JUAZO	00:27:38	00:27:22	05:28
111	807	NATAL DONIZETE LEITE	M	M-50-54	11	TRIBE OF RUNNERS	00:27:32	00:27:27	05:29
112	547	RAFAEL SANTOS PEREIRA	M	M-25-29	9	SUPERA COMUNICAÇÃO	00:28:14	00:27:35	05:30
113	848	BENEDITO APARECIDO VENINO	M	M-60+	15		00:28:09	00:27:36	05:31
114	538	NYCOLAS RIBEIRO	M	M-25-29	10	SUPERA COMUNICAÇÃO	00:28:16	00:27:37	05:31
115	518	GUILHERME ALEXANDRE LOMBA RI	M	M-20-24	4	ASSESSORIA DIEGO DAN	00:28:00	00:27:40	05:31
116	841	GESIEL DE OLIVEIRA	M	M-60+	16		00:27:56	00:27:42	05:32
117	545	THIAGO DA SILVA PAIXAO	M	M-25-29	11	MUTLEY	00:28:18	00:27:46	05:33
118	760	CLAUDIUS RICARDO TEIXEIRA DE	M	M-45-49	14	SUPERA COMUNICAÇÃO	00:28:19	00:28:08	05:37
119	663	THIAGO OLIVEIRA RIELI	M	M-35-39	23		00:28:24	00:28:15	05:39
120	836	JOSE ROBERTO DE MELO	M	M-60+	17	INDIVIDUAL	00:28:27	00:28:19	05:39
121	503	LUCAS NEVES TOME	M	M-14-19	5	FAMÁLIA NEVES	00:28:36	00:28:25	05:40
122	779	EDUARDO HENRIQUES TEIXEIRA	M	M-45-49	15	LIBERATO	00:33:17	00:28:26	05:40
123	761	JOSE LUIS OVANDO	M	M-45-49	16	SUPERA	00:29:10	00:28:38	05:43
124	691	DOUGLAS FREIRE	M	M-40-44	12		00:29:51	00:29:08	05:49
125	580	JULIO CESAR LOURENCO	M	M-30-34	14	AVULSO	00:30:03	00:29:27	05:53
126	579	DANIEL BARBOSA	M	M-30-34	15	AVULSO	00:30:03	00:29:28	05:53
127	774	REGINALDO BUENO SILVA	M	M-45-49	17		00:30:00	00:29:45	05:57
128	535	ROMERO CAVALCANTI	M	M-25-29	12		00:30:31	00:29:48	05:57
129	673	JORGE VINICIUS CALIXTO FERRE	M	M-35-39	24	NADAPEDALACORRE	00:30:31	00:29:49	05:57
130	840	SEBASTIAO CASSIANO PINTO FIL	M	M-60+	18	VALENTINA	00:30:02	00:29:50	05:57
131	591	DANILO IDALGO DE MIRANDA	M	M-30-34	16		00:30:01	00:29:52	05:58
132	844	JOSE RENE TELE	M	M-60+	19		00:30:52	00:30:09	06:01
133	763	CARLOS	M	M-45-49	18	ASSESSORIA DIEGO DAN	00:31:47	00:30:53	06:10
134	671	MARCIO SQUASSONI LEITE	M	M-35-39	25	P/ NA RUA	00:31:47	00:31:01	06:12
135	733	FABIO MORGADO COSTA	M	M-40-44	13		00:31:36	00:31:06	06:13
136	726	RODRIGO PERES CESAR	M	M-40-44	14	ASSESSORIA DIEGO DAN	00:32:10	00:31:26	06:16
137	785	EDUARDO D AVILA	M	M-50-54	12	LC TEAM	00:31:58	00:31:35	06:18
138	540	DANILO PEREIRA GOULART	M	M-25-29	13	ELLEVATE	00:32:17	00:31:51	06:22
139	587	MARCELO TSUTOMU INOMATA	M	M-30-34	17	SUPERA COMUNICAÇÃO	00:32:52	00:32:11	06:25
140	737	ANDERSON MARINHO SOUZA DA SI	M	M-40-44	15	FACERUNNERS	00:33:03	00:32:22	06:28
141	660	JULIANO PEIXOTO	M	M-35-39	26		00:33:14	00:33:02	06:36
142	829	TOSHIHARU UENO	M	M-55-59	8	STEPHANOTEAM	00:33:35	00:33:16	06:39
143	755	OSCAR PALMA LIMA DE BOCZAR	M	M-45-49	19		00:34:10	00:33:46	06:45
144	822	JL PEREIRA	M	M-55-59	9	LIFE	00:34:22	00:33:59	06:47
145	728	EMERSON CHINEN	M	M-40-44	16	SCCP	00:34:08	00:34:03	06:48
146	857	JOSE ARLINDO DE PAULA	M	M-60+	20		00:34:57	00:34:42	06:56
147	618	RAFAEL DOMINGUES DE VASCONCE	M	M-35-39	27		00:35:08	00:34:48	06:57
148	627	ALLAN MARCEL DIOGO DA SILVA	M	M-35-39	28		00:35:48	00:35:07	07:01
149	561	GABRIEL DE CASTRO PEIXOTO	M	M-25-29	14		00:36:33	00:36:19	07:15

150	731	ROBSON GUIMARAES	M	M-40-44	17		00:37:09	00:36:56	07:22
151	715	LUIS MARCELO DE MATTOS ZERI	M	M-40-44	18		00:37:49	00:37:19	07:27
152	722	GEORGE BEM	M	M-40-44	19		00:39:46	00:39:13	07:50
153	589	CEDRIC BATALHA	M	M-30-34	18		00:42:20	00:41:26	08:16
154	507	HENRYK NOGUEIRA DE CASTRO SI	M	M-14-19	6		00:42:27	00:41:34	08:18
155	824	ROMULO FERREIRA PONTO DE OLI	M	M-55-59	10	FACERUNNERS	00:44:43	00:44:06	08:49
156	583	SAULO GOMES DE MELO	M	M-30-34	19		00:44:42	00:44:18	08:51
157	741	MILTON MACEDO	M	M-45-49	20	CASAL MM	00:44:42	00:44:31	08:54
158	852	JOAO CARLOS VERI	M	M-60+	21	APVE /JAPARUA	00:53:00	00:52:31	10:30

SUPER 5K - 2ª ETAPA (25/11/2018)

LISTA GERAL

::PCD::

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	1015	LARA VITORIA LANGNECK SANTIA	F	-	-	HEROIS SOBRE RODAS	00:34:14	00:34:14	06:50
1	1002	GILSON APARECIDO DE ASSIS	M	-	-		00:28:10	00:28:10	05:37
2	1012	MIGUEL AZEVEDO MESSIAS DE AR	M	-	-	HEROIS SOBRE RODAS	00:45:50	00:44:15	08:51
3	1004	VITOR GUTIERREZ SILVA DE ASS	M	-	-	HEROIS SOBRE RODAS	00:45:51	00:45:51	09:10